

# Oruaiti School Newsletter

*Established 1896*



**CARING, RESPONSIBLE, CONFIDENT  
LIFE LONG LEARNERS**



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**Friday 28 April 2023**

## Term 2, Week 1, Friday 28 April 2023

### Important Dates to Remember

03.05.2023 - Year 7 & 8 vaccinations

23.05.2023 - Board Meeting 5.30pm

02.06.2023 - Teacher Only Day - Curriculum refresh

05.06.2023 - Kings Birthday observed (No school)

15.06.2023 - School Production

Kia Ora e te whānau,

Welcome back to term two!

Special welcome to new students Amokura Kleskovic and Sophie Bennett who have joined Kowhai class.

### ANZAC Parade

Thank You to all the students who attended the ANZAC Parade in Mangonui to represent our school.



### Health

We are still having cases of Covid in the school. If your child is showing any signs of Covid please test them. We do have some RAT kits available at school. If your child does test positive for Covid they are still required to stay home from school for 7 days.

**Head Lice** We also have cases of headlice in the school, please check your child's hair and treat them if required (we do have head lice treatment available at school, let us know if you would like some sent home) Any students with long hair are required to have their hair tied up.

### Successful Grant Applications

We have been very fortunate to receive two Grants to go towards our bike track project. We received \$20,000 from the Tū Manawa Active Aotearoa Fund which will be used to purchase bikes and safety equipment. We also received \$10,000 from the Oxford Sports Trust which will be used to purchase a container for the storage of the bikes. A HUGE Thank you to these organisations for their support.



Thanks to the juniors for helping Rōpū Ngaio to create these awesome hawk-scarers, to protect our ducks. They chose bright colours and shiny materials as hawks are scared of them. Hopefully they work!

## **Biking with Sam and Shae**

Today our class (Kauri) went to the court and learnt all things we need to know about bikes at our age from the Bike ready programme. One thing we learnt was the ABCDEQ code.

A: air

B: brake

C: chain

D: drop test

E: en-plug

Q: quick release

We also learnt how to put a helmet on properly. Sam and Shae taught us that if you don't wear a helmet when you are on the road you will get a fine of \$55! We rode around the court and then Shae showed us how to get on a bike properly. At the end of the lesson Sam set up an obstacle course for us and we all went on it at least 7 times! We really enjoyed this lesson and the best bit was riding around the course.

By Gracie and Pia.

## **Production**

Our school Production will be held on Thursday 15th June. We will have two performances on the day: Morning session for Grandparents and special friends, we will have morning tea from 10.00am with the performance starting at 11.00am. (invitations for the Grandparents performance will be sent out in the coming weeks) The evening performance will start at 5.30pm.

We will be having a few afternoon/evening sessions to create props and costumes and would love support from whanau with this. We will notify details of these sessions in the next week, if you are able to help in any way please let your child's teacher know.



## **Northland swimming Competition**

Well done to the students from Oruaiti School who competed at the Northland swimming competition representing the Far North, our students did very well with Liam Smith, Levi Gruebner, Astra Gruebner, Eva Foster and Alec Lowe finishing in the top three in various events. (Cattleya Reina Cabrera is missing from the photo)



# Term 2, Week 1, Friday 28 April 2023

## LUNCH BY LIBELLE

# KAURI WEEK

Autumn 2023 01/05/23 - 05/05-23

### Standard Menu

<b>MAC N CHEESE</b> <small>Pasta with vegful cheese sauce, ham, mixed veggies, white beans</small>	<b>MONDAY</b>
<b>HAM SALAD WRAP</b> <small>Ham, cheese &amp; salad filled fresh wrap with ranch dressing, with yoghurt</small>	<b>TUESDAY</b>
<b>COCONUT CURRY &amp; RICE</b> <small>Chicken &amp; veggies cooked in mildly spiced yellow curry sauce. Served with rice &amp; roti wrap</small>	<b>WEDNESDAY</b>
<b>CHEESE BURGER</b> <small>Beef patty, cheese, sauce &amp; salad in a wholemeal bun. Served with carrot sticks and slice</small>	<b>THURSDAY</b>
<b>PASTA MEATBALLS</b> <small>Beef meatballs with vegful tomato sauce, cheese sauce &amp; pasta</small>	<b>FRIDAY</b>

### Halal Menu

<b>MAC N CHEESE</b> <small>Pasta with vegful cheese sauce, mixed veggies, white beans</small>	<b>MON</b>	<b>VEGGIE BURGER</b> <small>Plant based burger, cheese, salad &amp; sauce in a wholemeal bun + carrot sticks &amp; slice</small>	<b>THU</b>
<b>CHICKEN SALAD WRAP</b> <small>Chicken, cheese &amp; salad filled fresh wrap, ranch dressing. Served with yoghurt or fruit</small>	<b>TUE</b>	<b>PASTA AMAZEBALLS</b> <small>Plant based amazeballs with vegful tomato sauce and pasta</small>	<b>FRI</b>
<b>COCONUT CURRY</b> <small>Chicken pieces cooked in mildly spiced yellow curry sauce with veggies on rice + roti wrap</small>	<b>WED</b>	<b>TURN OVER FOR THE REST OF OUR DIETARY ALTERNATIVES</b>	

[www.lunchbylibelle.co.nz](http://www.lunchbylibelle.co.nz)  
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### Vegetarian

<b>MAC N CHEESE</b> <small>Pasta with vegful cheese sauce, mixed veggies, white beans</small>	<b>MON</b>
<b>SALAD WRAP</b> <small>Cheese, falafel &amp; salad filled fresh wrap with ranch dressing. Served with yoghurt &amp; fruit</small>	<b>TUE</b>
<b>COCONUT CURRY</b> <small>Chickpeas cooked in mildly spiced yellow curry sauce with veggies &amp; rice. Served with a roti wrap</small>	<b>WED</b>
<b>PLANT BASED BURGER</b> <small>Plant based burger, cheese, salad &amp; sauce in a wholemeal bun. Served with carrot sticks &amp; slice</small>	<b>THU</b>
<b>PASTA AMAZEBALLS</b> <small>Plant based amazeballs, vegful tomato sauce &amp; pasta</small>	<b>FRI</b>

### Vegan Friendly

<b>LENTIL BOLOGNESE</b> <small>Pasta with lentil &amp; hidden veggies sauce with veg-an cheese</small>	<b>MON</b>
<b>FALAFEL SALAD WRAP</b> <small>Falafel salad wrap with ranch dressing. Served with fruit</small>	<b>TUE</b>
<b>COCONUT CURRY</b> <small>Chickpeas cooked in mildly spiced yellow curry sauce with veggies on rice + a roti wrap</small>	<b>WED</b>
<b>VEGGIE BURGER</b> <small>Plant based burger, salad &amp; sauce in a wholemeal bun. Served with carrot sticks &amp; a slice</small>	<b>THU</b>
<b>PASTA AMAZEBALLS</b> <small>Plant based amazeballs, vegful tomato sauce &amp; vegan cheese on pasta</small>	<b>FRI</b>

### Gluten Friendly

<b>MAC N CHEESE</b> <small>GF pasta with vegful cheese sauce, ham, mixed veggies &amp; white beans</small>	<b>MON</b>
<b>HAM SALAD WRAP</b> <small>Cheese, ham &amp; salad filled GF wrap with ranch dressing. Served with yoghurt</small>	<b>TUE</b>
<b>COCONUT CURRY</b> <small>Chicken pieces cooked in mildly spiced yellow cury sauce with veggies on rice + a GF roti wrap</small>	<b>WED</b>
<b>GF VEGGIE BURGER</b> <small>Plant based burger, cheese, salad &amp; sauce in a GF bun. Served with carrot sticks &amp; GF cookie</small>	<b>THU</b>
<b>PASTA AMAZEBALLS</b> <small>Plant based amazeballs, vegful tomato sauce &amp; GF pasta</small>	<b>FRI</b>

### Dairy Friendly

<b>PASTA BOLOGNESE</b> <small>Pasta with beef, hidden veggies sauce &amp; topped with vegan cheese</small>	<b>MON</b>
<b>HAM SALAD WRAP</b> <small>Ham &amp; salad filled fresh wrap with ranch dressing. Served with fruit</small>	<b>TUE</b>
<b>COCONUT CURRY</b> <small>Chicken pieces cooked in mildly spiced yellow curry sauce with veggies on rice + roti wrap</small>	<b>WED</b>
<b>BEEF BURGER</b> <small>Wholemeal bun with beef pattie, salad &amp; sauce. Served with carrot sticks &amp; slice</small>	<b>THU</b>
<b>PASTA AMAZEBALLS</b> <small>Plant based amazeballs, vegful tomato sauce &amp; vegan cheese on pasta</small>	<b>FRI</b>

Please visit our website of more information. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.

## Oral Health enrolment flowchart Schools

Please keep in mind this is a brief reference flowchart for the MOH dental enrolment process followed by majority schools in Northland however, areas stated in this flowchart may not work for all kura. Please communicate with the Ado-Co if you have any queries or concerns.

