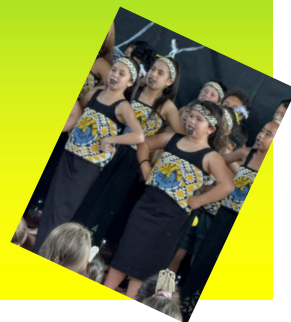




Selwyn Park School

Term 4 Week 3 Newsletter 24 October 2025



From the Principal's Desk

Tena Koutou Katoa, Malo e lelei

Last Friday 19 Staff members took part in the Ministry Of Education U.B.R.S training.

Understanding Behaviours, Responding Safely. This was an excellent day which staff will benefit from.

Classrooms have been a hive of activity as Exhibition Day looms. Don't forget to keep Friday 31st free so you can come in and join in the fun. Please see our reminder notices on Skool Loop and our school Facebook page. Remember to bring donations of grocery items for the raffle.

Selwyn park School Athletics Day

Thursday 20th November

Tremedous, our clever caretaker Dean has created a lost soles tree outside the staffroom. If your child is missing any foot-wear you may find them there, as no one has claimed them.

Have a safe and enjoyable Long Weekend



Understanding the Difference Between Bullying and Everyday Conflict

As parents, it can be hard to tell the difference between normal childhood disagreements and true bullying. Both can look similar at first – words exchanged, someone feeling hurt, or a game that ends badly – but the **intent, pattern, and power dynamics** make them very different.

Everyday conflict is a normal part of growing up. Children are learning how to share space, take turns, and manage emotions. In these situations:

- The conflict is usually **equal** – both children have some level of power or control.
- The incident is **isolated** or short-term – it happens once or twice, often in the heat of the moment.
- The actions are **unintentional** – the child may not realize they've gone too far until someone gets hurt or upset.
- Children often show **remorse** or want to fix things after cooling down.

It's an **opportunity for learning** – parents, teachers, or caregivers can help children resolve it, build empathy, and develop better communication skills.

Bullying, however, is something more serious and harmful. It involves:

- A **pattern of repeated behaviour** targeted at one child over time.
- A clear **imbalance of power** – physical strength, social influence, or emotional control.
- Behaviour that is **intentional** and meant to cause harm, embarrassment, or fear.
- The target often feels **trapped**, anxious, or afraid to speak up.

There's **no genuine resolution** because the bully seeks control rather than connection.

For example, two children arguing about game rules or calling each other names when they're upset is often normal conflict. However, if one child **keeps targeting another**, spreading rumours, excluding them every day, or mocking them repeatedly – that's bullying.

Sport was a winner

Silver Ferns are close but still have a lot of work to do in the 4th quarter to get over Aussie

Rugby League How good have the International games been so far. Kiwi's Vs Samoa both Men's and Womens was outstanding

AB Tour of Northern Hemisphere is not too far away'

Tight Lines

Todd Warmington

Upcoming Events

Exhibition Day

Friday 31 October

Athletics Sports Day

Thursday 20 November