Friday 8th August 2025: Term 3 Week 4

Kia ora, whanau/ hello everyone!

Just over a week until Polyfest, there are lots of excited people around here (big and small)! If your tamariki would like the links to practise at home you will find them below.

<u>Homai to poho</u> - <u>Whakarongo</u> - For Kakariki students: <u>Kōrero Parirau</u>

Southern Zone football is in October, we will start building our skills up, working towards that. Next thing the Ki o rahi set will be back out!



MURIHIKU POLYFEST

On the day we will still do spelling before we leave (can't fall behind). Please make sure children/tamariki have a full morning tea & lunch packed (no heat ups) and a full drink bottle. They will need warm, loose clothing they can wear over their costume i.e. big warm coat would be ideal. The day will look something like this:

Tamariki arrive at school as per normal then complete spelling. Get dressed into their performance clothes then get on the bus and head to ILT stadium Southland.

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We eat morning tea as we watch other schools perform. 11:40am we get taken through to warm up. 12:10pm – 12:30pm is our performance, 12:40 we travel to Ascot Bupa to perform there at 12:50 – 1:20pm. Then 1:30pm back on the bus to come back to Gorge Road. If you would like to collect your child from town after the Bupa performance please, let the office know by Friday the 15th.

When children get changed at school in the morning, their clothes will remain at school until we return in the afternoon. If you are picking them up from town, please make sure they have a bag big enough to contain their clothes. If you are heading to Stadium Southland to watch the performance, a gold coin donation at the entrance is required. The live stream can be found HERE or check out the Miharo website. Mīharo Murihiku Trust

Below is the blurb from organisers and download the full program pdf from here

Kia orana tătou katoatoa,

We're excited to welcome you to Murihiku Polyfest 2025! Monday 18th to Friday 22nd August at ILT Stadium Southland!

Polyfest is a week-long festival showcasing the pride, talent, and culture of our tamariki and rangatahi from across the region. It's a time to come together as one aiga to celebrate our people, languages, songs, and stories.

★ GOLD COIN ENTRY REQUIRED - EFTPOS available

Please make sure your whanau knows! Entry is by gold coin and will be checked at the door. Your kind support helps keep this beautiful kaupapa going, come and enjoy the celebrations with us!

Dates and Times:

- Daily Performances: 9:00am 3:30pm, Monday to Friday
- Community Night: From 6:00pm, Tuesday 19th August (Doors open 5:30pm)
- Rangatahi Toa Nights: 6:00pm, Wednesday 20th & Thursday 21st August (Doors open 5:30pm)

Stay updated by following our Miharo Murihiku Facebook page!

Ngā mihi mahana,

The Miharo Team

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Thank you everyone who has completed the nomination process. We will confirm the offices after the meeting on the 15th of September.

Mrs Sue Beck is standing down after being a part of the board in various roles over her many years of involvement at Gorge Road School (over 20 years).

Her knowledge is immense and her guiding hand will be missed. Please don't change your phone number just yet!

Mr Andre Egbers has been involved for well over a decade in School governance and around 14 years (longer perhaps??) he has been a part of the school community. The last of his 3 daughters have almost transitioned through their primary school years. Andre always knows what's going on round the place and his no fluff approach will be missed.



Ever thought about giving football a go... but didn't know where to start?

Here's your chance – and you don't have to do it alone!

We're inviting mothers and daughters to join us for some fun, free "Come & Try" football sessions – perfect for first-timers or anyone just keen to get active and try something new, together!

Whether you've played before or it's your very first kick of a ball, these sessions are all about having a go in a friendly, relaxed environment. No pressure, no scoreboards – just lots of laughs, movement, and quality time on the field.

When: August 23rd & 30th - 10am to 10:45am

Where: ILT Football Turf Cost: Absolutely free!

Great for mums, aunties, nanas, and female caregivers

Perfect for daughters from 5 years and up

A fun and active way to build confidence and connection

So bring your runners or boots, bring your daughter, and come make some football memories together. To find out more, message us or contact Leigh on leigh@southlandfootball.org.nz Register below on the following link https://www.sporty.co.nz/viewform/364155 Let's try something new – side by side!

| Upcoming Events Dates subject to change | |
|---|--|
| Tuesday 19 th August | Polyfest @ ILT Stadium Southland Booked in for 12:10pm – 12:30pm |
| Friday 29th August | COL TOD NO School – No Buses |
| Monday 15 th September | School Board meeting (BoT) |
| Friday 19 th September | Last Day of Term 3 |
| Monday 6 th October | First day of term 4 |
| Friday 17 th October | Life Education |
| Monday 20 th October | School Board meeting (BoT) |
| Monday 27 th October | Labour Day NO School – No Buses |
| Friday 31 st October | Southern Zone Football tournament |

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LUNCH FOOD LIST

| Pies (Mince & Cheese) or Mince | \$1.50 Popcorn lightly salted 12g | \$1.00 |
|---------------------------------|--|--------|
| Pizza (Ham/Cheese) or Hawaiian | \$2.50 Choc Chip Cookie | \$2.00 |
| Juicies (wildberry or tropical) | \$1.50 Small Sausage rolls not always in stock | \$3.00 |
| Moosies (Chocolate) | \$1.50 Toppas not always in stock | \$3.00 |

All lunch orders must come from home via a note/envelope (written by an adult). Money can be paid in cash or via a bank deposit to 03 1745 0027472 00 with Name and lunch as reference. We will no longer use credits as money will be sorted on the day and sent home within the week. Mr Mason will take charge of doing the ordered lunches. Please if ordering Juicies note down the flavour on order

<u>ABSENTEES:</u> To report an absence please use the Skool Loop (preferred option) or phone the land line 032395763 opt 1 or 3 before 9.30am, text 0274674373 or email office@gorgeroad.school.nz It is a Ministry requirement to have a reason recorded for the absence; e.g. appointment, sick, dentist...

SCHOOL UNIFORM TOPS: We no longer carry these in stock, they can be purchased from the UniformNZ website then collected at their shop which is now at 142 Otepuni Avenue.

http://gorgeroad.uniformnz.com this is the polo top we wear to sports day but can be worn every day as a uniform if you wish. Note the sizing is on the small side. We also have the option of a grey/red hoodie with logo on front. These hoodies are warm and the perfect garment for these cooler days.

A reminder to all parents to ensure your tamariki / children have something for fruit/brain break and lunches are healthy. We know it is tough to make the contents of a lunchbox exciting during winter.

Book Bus Timetable
11 Aug; 3 Nov; 1 Dec
Waikawa Reserve 10am-10.45am;
Tokanui School 11.15am-12.30pm;
Fortrose Picnic Area 1.15pm2.00pm; Gorge Road School
2.30pm-3.30pm





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LMV CLUBS @ Menzies College



Where students complete fun and engaging ART, SCIENCE, DIGI, and TECH activities designed to empower kids to love and learn.

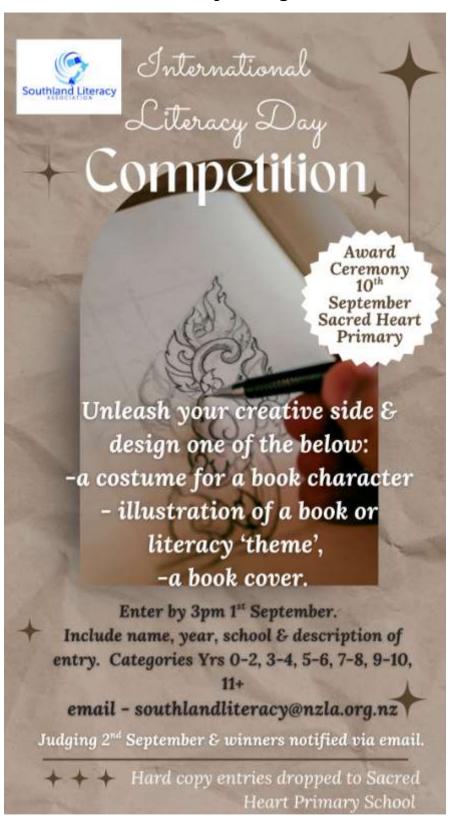
A great way for students to become familiar with the Menzies environment and build relationships with teachers and students.

| WHAT | Students will be put into aged groups and rotate around the five areas - one session at each! |
|-----------|---|
| WHO | Primary-aged students: Y0-6 |
| WHEN | Term Three 2025 - 3.20-4.20 pm Start Wednesday 13th August for 5 weeks (no clubs Wednesday 27th August due to tournament week) |
| WHERE | Menzies College, meet in the school hall - please collect students from the hall at end of the session. |
| COST | \$30 term (we don't want cost to be a barrier for anyone so please contact Margaret Dale if this is a problem). Cash at Wyndham and Menzies offices Bank account: Menzies College 03 0962 0044848 000 ref: Clubs and name |
| TRANSPORT | Wyndham - Mrs. Dale will collect students from vege patch Edendale - a van will run (gold coin donation), add a name to list at Edendale office. Everyone else - meet at the school hall. |

Enrol at Menzies, Wyndham, or Edendale Office or email mdale@menzies.school.nz

Join the "LMV SCIENCE CLUB PLUS" page on Facebook to see what we do and for updates!

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IN-CONFIDENCE

Become an Oranga Tamariki Foster Caregiver in Southland

Help make a Difference in a Child's Life!

Are you ready to provide a safe, loving, and supportive home for a child in need? Oranga Tamariki is looking for caring individuals and families who can help children in care to grow, heal, and thrive.

We are currently seeking caregivers who can offer:

- · A safe and nurturing environment
- Emotional and physical support to children in need
- · A commitment to helping a child reach their full potential

As an Oranga Tamariki caregiver, you'll receive training, 24/7 support, and a financial allowance to assist with the care of the child. You'll also join a network of compassionate individuals dedicated to making a lasting, positive impact in the lives of children.

Who can become a caregiver?

- People with a genuine desire to care for children
- · Families, singles, and couples
- People with different life experiences, backgrounds, and cultural connections

Every child deserves the chance to grow up in a loving, stable home. Could that home be with you?



Contact us today to learn more about joining the Southland caregiving whanau.

Call: Isla Hardy

Email: Isla.hardy@ot.govt.nz Website: orangatamariki.govt.nz

Together, we can make a brighter future for children in Southland!



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School lunches

Ngā kai hauora o te wā tina ki te kura

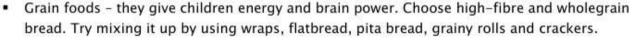
A healthy, balanced lunch gives children everything they need to play and learn well.

Involve your child in choosing and making lunches. This will make them more likely to eat and enjoy their lunch.

Lunch box checklist

Include items from the following food groups.

Something filling - Go foods (carbohydrates)



Something lasting - Grow foods (protein)

- Milk and milk products they provide calcium, which helps to build strong bones and teeth.
 Cheese slices and yoghurt are great snacks in lunch boxes. Include a small ice brick or a frozen water bottle to keep them cool and at a safe temperature.
- Lean meat, chicken, fish, eggs, nuts and beans they provide protein to help build strong
 muscles and key nutrients such as iron and magnesium for growth. Peanut butter, chicken,
 tuna, eggs or hummus make great high-protein sandwich fillings.

Some colour - Glow foods (vegetables and fruit)

- Vegetables and fruit they provide fibre and important minerals and vitamins. Cut vegetables into manageable pieces such as carrot, cucumber or celery sticks. You can also add vegetables to sandwich fillings. Use fruit that fits easily in a lunch box such as mandarins, small apples, grapes or a pottle of diced fruit. To keep the cost down, buy vegetables and fruit that are in season. Eat fruit instead of drinking fruit juice.
- Bottle of water try adding fruit or vegetables like lemon, cucumber, oranges or berries to make flavoured water. See Make your own flavoured water from Healthy Kids (www.healthykids.org.nz).



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Gorge Road School

Thanks to the below businesses for sponsoring our school app:



If you would like to advertise on the Gorge Road School Skool Loop App please email Content@skoolloop.com

SKOOL LOOP

o download our app: In Google Play & App Store search

'Skool Loop' & choose School once installed.