Friday 15th August 2025: Term 3 Week 5

Kia ora, whanau/ hello everyone!

Half way through the term and speeding closer to spring as lambs are popping up!! Thank you to the parents who were able to come and have a chat with teachers about their tamarikis progress. If you missed out and would like to, please get in touch with your child's teacher should you have any questions or concerns.

The day after Polyfest, **Waituna ambassadors** have an outing on Wednesday 20th of August. They will be heading out to Waituna with Gay, Brian and Lachie from 11am – 2pm. You will have received a notice if your child is attending. Just a reminder to make sure they have warm clothes, hat/beanie, boots plus a packed lunch and water bottle for the trip away.



Please could the **girls** wearing skirts and blouses for the Filipino dances, have their hair tied up in a bun at the back? Perhaps a plait, or in some way so that a decorated comb can slide into the hair and stay in place? If those girls could have their hair done like this for **Monday** so

Friday 15th August 2025: Term 3 Week 5

that we could check, that would be awesome. Otherwise, we will do our best on Tuesday morning before we go to Polyfest.

MURIHIKU POLYFEST

On the day we will still do spelling before we leave (can't fall behind). Please make sure children/tamariki have a full morning tea & lunch packed (no heat ups) and a full drink bottle. They will need warm, loose clothing they can wear over their costume i.e. big warm coat would be ideal. The day will look something like this:

AMMENDED TIMES as of 15/8

Tamariki arrive at school as per normal then complete spelling. Get dressed into their performance clothes then get on the bus around 9:55am and head to ILT stadium Southland. We eat morning tea as we watch other schools perform. 11:40am we get taken through to warm up. 12:10pm – 12:30pm is our performance, at the completion we will have lunch and watch other performances. **1.30pm** we travel to Ascot Bupa and perform there from 1:40 – 2:00pm then back on the bus to come back to Gorge Road.

If you would like to collect your child from town after the Bupa performance please, let the office know by Friday the 15th.

Boys are welcome to wear short black or dark shorts under their costume (if they can't be seen).

When children get changed at school in the morning, their clothes will remain at school until we return in the afternoon. If you are picking them up from town, please make sure they have a bag big enough to contain their clothes.

If you are heading to Stadium Southland to watch the performance, a gold coin donation at the entrance is required (they have eftpos). The live stream can be found <u>HERE</u> or check out the Miharo website. <u>Mīharo Murihiku Trust</u>

If your tamariki would like the links to practise at home you will find them below.

Homai to poho - Whakarongo - For Kakariki students: Kōrero Parirau

Below is the blurb from organisers and download the full program pdf from here

We would like to take the time to mention and thank those members of the community that have contributed to our school, they are listed as follows:

Leslie Clifford Frisby
O'Connor Agri Services Limited
Brok Dairies Ltd
Thwaites Contracting Limited



Friday 15th August 2025: Term 3 Week 5

Thwaites Contracting Ltd
Maken Milk Limited
Brownie Dairies Ltd
Gorge Road School
South Coast Bulls Limited
Alan Wells and Janine Wells
Maken Milk Limited - 111 Moffat Road

Botting Landers Partnership
H & E Grotemarsink
Waimahaka Farms
MNM Farming Ltd - Waituna Rd
Waituna Investments Ltd - Lawson



Thank you everyone who has completed the nomination process. We will confirm the offices after the School board meeting on the 15th of September.

Ever thought about giving football a go... but didn't know where to start?

Here's your chance – and you don't have to do it alone!

We're inviting mothers and daughters to join us for some fun, free "Come & Try" football sessions – perfect for first-timers or anyone just keen to get active and try something new, together!

Whether you've played before or it's your very first kick of a ball, these sessions are all about having a go in a friendly, relaxed environment. No pressure, no scoreboards – just lots of laughs, movement, and quality time on the field.

When: August 23rd & 30th - 10am to 10:45am

Where: ILT Football Turf Cost: Absolutely free!

Great for mums, aunties, nanas, and female caregivers

Perfect for daughters from 5 years and up

A fun and active way to build confidence and connection

So bring your runners or boots, bring your daughter, and come make some football memories together. To find out more, message us or contact Leigh on leigh@southlandfootball.org.nz Register below on the following link https://www.sporty.co.nz/viewform/364155 Let's try something new – side by side!

Upcoming Events Dates subject to change		
Tuesday 19 th August	Polyfest @ ILT Stadium Southland Booked in for 12:10pm – 12:30pm	
Friday 29th August	COL TOD NO School – No Buses	
Monday 15 th September	School Board meeting (BoT)	
Friday 19 th September	Last Day of Term 3	
Monday 6 th October	First day of term 4	
Friday 17 th October	Life Education	
Monday 20 th October	School Board meeting (BoT)	
Monday 27 th October	Labour Day NO School – No Buses	
Friday 31 st October	Southern Zone Football tournament	

LUNCH FOOD LIST

Pies (Mince & Cheese) or Mince	\$1.50 Popcorn lightly salted 12g	\$1.00
Pizza (Ham/Cheese) or Hawaiian	\$2.50 Choc Chip Cookie	\$2.00
Juicies (wildberry or tropical)	\$1.50 Small Sausage rolls not always in stock	\$3.00
Moosies (Chocolate)	\$1.50 Toppas not always in stock	\$3.00

Friday 15th August 2025: Term 3 Week 5

All lunch orders must come from home via a note/envelope (written by an adult). Money can be paid in cash or via a bank deposit to 03 1745 0027472 00 with Name and lunch as reference. We will no longer use credits as money will be sorted on the day and sent home within the week. Mr Mason will take charge of doing the ordered lunches. Please if ordering Juicies note down the flavour on order

ABSENTEES: To report an absence please use the Skool Loop (preferred option) or phone the land line 032395763 opt 1 or 3 before 9.30am, text 0274674373 or email office@gorgeroad.school.nz It is a Ministry requirement to have a reason recorded for the absence; e.g. appointment, sick, dentist...

SCHOOL UNIFORM TOPS: We no longer carry these in stock, they can be purchased from the UniformNZ website then collected at their shop which is now at 142 Otepuni Avenue.

http://gorgeroad.uniformnz.com this is the polo top we wear to sports day but can be worn every day as a uniform if you wish. Note the sizing is on the small side. We also have the option of a grey/red hoodie with logo on front. These hoodies are warm and the perfect garment for these cooler days.

A reminder to all parents to ensure your tamariki / children have something for fruit/brain break and lunches are healthy. We know it is tough to make the contents of a lunchbox exciting during winter.

Book Bus Timetable
11 Aug; 3 Nov; 1 Dec
Waikawa Reserve 10am-10.45am;
Tokanui School 11.15am-12.30pm;
Fortrose Picnic Area 1.15pm2.00pm; Gorge Road School
2.30pm-3.30pm

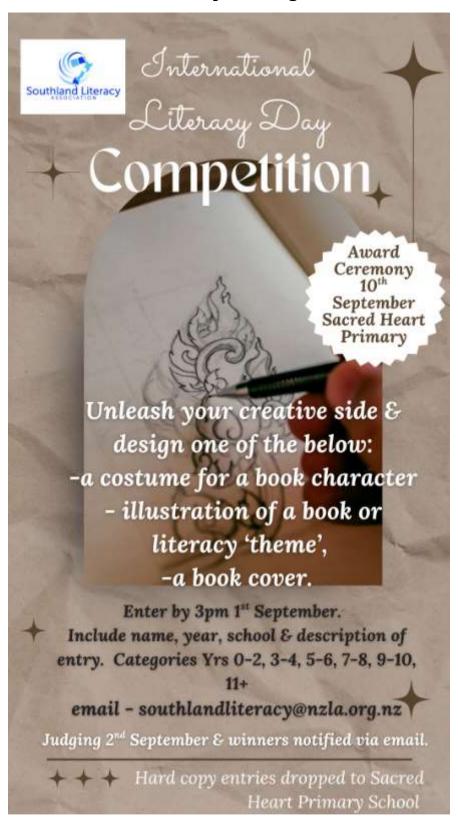


Health New Zealand

Community Oral Health Service



Friday 15th August 2025: Term 3 Week 5



Friday 15th August 2025: Term 3 Week 5





Friday 15th August 2025: Term 3 Week 5

IN-CONFIDENCE

Become an Oranga Tamariki Foster Caregiver in Southland

Help make a Difference in a Child's Life!

Are you ready to provide a safe, loving, and supportive home for a child in need? Oranga Tamariki is looking for caring individuals and families who can help children in care to grow, heal, and thrive.

We are currently seeking caregivers who can offer:

- · A safe and nurturing environment
- Emotional and physical support to children in need
- · A commitment to helping a child reach their full potential

As an Oranga Tamariki caregiver, you'll receive training, 24/7 support, and a financial allowance to assist with the care of the child. You'll also join a network of compassionate individuals dedicated to making a lasting, positive impact in the lives of children.

Who can become a caregiver?

- People with a genuine desire to care for children
- · Families, singles, and couples
- People with different life experiences, backgrounds, and cultural connections

Every child deserves the chance to grow up in a loving, stable home. Could that home be with you?



Contact us today to learn more about joining the Southland caregiving whanau.

Call: Isla Hardy

Email: Isla.hardy@ot.govt.nz Website: orangatamariki.govt.nz

Together, we can make a brighter future for children in Southland!



Friday 15th August 2025: Term 3 Week 5





School lunches

Ngā kai hauora o te wā tina ki te kura

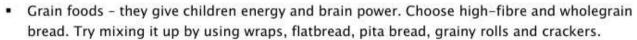
A healthy, balanced lunch gives children everything they need to play and learn well.

Involve your child in choosing and making lunches. This will make them more likely to eat and enjoy their lunch.

Lunch box checklist

Include items from the following food groups.

Something filling - Go foods (carbohydrates)



Something lasting - Grow foods (protein)

- Milk and milk products they provide calcium, which helps to build strong bones and teeth.
 Cheese slices and yoghurt are great snacks in lunch boxes. Include a small ice brick or a frozen water bottle to keep them cool and at a safe temperature.
- Lean meat, chicken, fish, eggs, nuts and beans they provide protein to help build strong
 muscles and key nutrients such as iron and magnesium for growth. Peanut butter, chicken,
 tuna, eggs or hummus make great high-protein sandwich fillings.

Some colour - Glow foods (vegetables and fruit)

- Vegetables and fruit they provide fibre and important minerals and vitamins. Cut vegetables into manageable pieces such as carrot, cucumber or celery sticks. You can also add vegetables to sandwich fillings. Use fruit that fits easily in a lunch box such as mandarins, small apples, grapes or a pottle of diced fruit. To keep the cost down, buy vegetables and fruit that are in season. Eat fruit instead of drinking fruit juice.
- Bottle of water try adding fruit or vegetables like lemon, cucumber, oranges or berries to make flavoured water. See Make your own flavoured water from Healthy Kids (www.healthykids.org.nz).



Friday 15th August 2025: Term 3 Week 5

Gorge Road School

Thanks to the below businesses for sponsoring our school app:



If you would like to advertise on the Gorge Road School Skool Loop App please email Content@skoolloop.com

SKOOL LOOP

o download our app: In Google Play & App Store search

'Skool Loop' & choose School once installed.