Friday 27th June 2025: Term 2 Week 9

Kia ora, whanau/ hello everyone!

Just like that we are in the 8<sup>th</sup> month! August has us preparing for Polyfest and a performance at Ascot Bupa for the lovely residents there. Thank you to all the parents for coming and supporting our netball teams in Moffet cup!

# MURIHIKU POLYFEST

Getting to the business end of PolyFest practices. The day will look something like this: Tamariki arrive at school as per normal, they get dressed into their performance clothes then get on the bus and head to ILT stadium. We eat morning tea as we watch other schools perform. 11:40am we get taken through to warm up. 12:10pm – 12:30pm performance, 12:40 we travel to Ascot Bupa to perform there at 12:50 – 1:15pm there. Then back on the bus to come back to Gorge Road. If for any reason you would like to collect your child from town after the Bupa performance please, let the office know well in advance. When children get changed at school in the morning, their clothes will remain at school until we return in the afternoon.

Below is the blurb from organisers and download the full program pdf from here

Kia orana tătou katoatoa,

We're excited to welcome you to Murihiku Polyfest 2025! Monday 18th to Friday 22nd August at ILT Stadium Southland!

Polyfest is a week-long festival showcasing the pride, talent, and culture of our tamariki and rangatahi from across the region. It's a time to come together as one aiga to celebrate our people, languages, songs, and stories.

### ★ GOLD COIN ENTRY REQUIRED – EFTPOS available

Please make sure your whanau knows! Entry is by gold coin and will be checked at the door. Your kind support helps keep this beautiful kaupapa going, come and enjoy the celebrations with us!

#### Dates and Times:

- Daily Performances: 9:00am 3:30pm, Monday to Friday
- Community Night: From 6:00pm, Tuesday 19th August (Doors open 5:30pm)
- Rangatahi Toa Nights: 6:00pm, Wednesday 20th & Thursday 21st August (Doors open 5:30pm)

Stay updated by following our Miharo Murihiku Facebook page!

Ngā mihi mahana, The Mīharo Team

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With the change in weather, a fair amount of our students are coming to school with **very light clothing**. Many seem to be only wearing 2 layers (Tshirt & jacket). Jackets in class are bulky and can cause distractions due to the rustling noise they make. Please check your children before they leave home, ensure that they are wearing appropriate clothing for the weather. Having layers for warmth will avoid jackets and some disruptions in the classroom. Some are getting their socks wet and removing them until they dry on a heater. Feel free to chuck an extra pair in their bag to keep them warm.

#### **Moffett Cup**

Our two netball teams the Thunder & Rockets had a great day at ILT Stadium Southland for Moffet cup. They didn't make it through to the finals but put lots of effort in and did us all proud! Irene graciously volunteered her time to come in and coach the yr 3/4 team. Gay came and gave up her time to coach the yr 5/6 team. If it wasn't for the donation of time these things don't happen. A big thank you to everyone for supporting, coaching, wiping away tears and taking care or grazes and bumps. Bring on next year!



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Leaf	Aliv	е			
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I am a bright green leaf. I used to be on a tree. I liked my life. I liked to swing on my branch. There were animals near me. Rabbit was my friend. She would have liked to eat me but I was too high. I didn't like it when autumn came because my friends the other leaves, changed colour and fell off their trees. They got blown away in the wind or got swept up by a person but I stayed green all the time. It was pretty where I was. I moved a lot in the wind.

One day a girl pulled me off my tree and put me into a box. It was dark and scary. I was in the box for a long time.

One day, I felt the box move. I was getting shaken inside the box. I landed on my back and I got hurt.

Another day, a catnip leaf came into my box and we played all day. At the end of the day Catnip told me a story about when a cat bit him off his family plant. The same girl had found him and put him in the box. We became friends forever.

By Paige

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Less than a week until nomination forms need to be emailed/sent/handed in by Wednesday the 6<sup>th</sup> at 12pm. If Brendan isn't in the office when you come to do so during the week you may drop your nomination form in the red letterbox on the office counter. Anyone requiring a physical form please let Brendan know first thing Monday. We have a member stepping down this year and looking for at least one new motivated member for the board. This person will work alongside the other members, presiding member & principal to ensure the governance

of the school is optimum.

If you have any questions or would like School Board information sent to you, please contact Brendan in the office.



Upcoming Events Dates subject to change				
Monday 4 <sup>th</sup> August	School Board meeting (BoT)			
Wednesday 6 <sup>th</sup> August	School Board Nominations Close (12pm)			
Wednesday 13 <sup>th</sup> August	School Board Voting papers issued (If required)			
Tuesday 19 <sup>th</sup> August	Polyfest @ ILT Stadium Southland Booked in for 12:10pm – 12:30pm			
Friday 29th August	COL TOD NO School – No Buses			
Wednesday 10 <sup>th</sup> September	School Board Elections day			
Monday 15 <sup>th</sup> September	School Board meeting (BoT)			
Friday 19 <sup>th</sup> September	Last Day of Term 3			
Monday 6 <sup>th</sup> October	First day of term 4			
Friday 17 <sup>th</sup> October	Life Education			
Monday 20 <sup>th</sup> October	School Board meeting (BoT)			
Monday 27 <sup>th</sup> October	Labour Day NO School – No Buses			
Friday 31 <sup>st</sup> October	Southern Zone Football tournament			

#### **LUNCH FOOD LIST**

Pies (Mince & Cheese) or Mince	\$1.50 Popcorn lightly salted 12g	\$1.00
Pizza (Ham/Cheese) or Hawaiian	\$2.50 Choc Chip Cookie	\$2.00
Juicies (wildberry or tropical)	\$1.50 Small Sausage rolls not always in stock	\$3.00
Moosies (Chocolate)	\$1.50 Toppas not always in stock	\$3.00

All lunch orders must come from home via a note/envelope (written by an adult). Money can be paid in cash or via a bank deposit to 03 1745 0027472 00 with Name and lunch as reference. We will no longer use credits as money will be sorted on the day and sent home within the week. Mr Mason will take charge of doing the ordered lunches. Please if ordering Juicies note down the flavour on order

ABSENTEES: To report an absence please use the Skool Loop (preferred option) or phone the land line 032395763 opt 1 or 3 before 9.30am, text 0274674373 or email office@gorgeroad.school.nz It is a Ministry requirement to have a reason recorded for the absence; e.g. appointment, sick, dentist...

**SCHOOL UNIFORM TOPS**: We no longer carry these in stock, they can be purchased from the UniformNZ website then collected at their shop which is now at 142 Otepuni Avenue.

http://gorgeroad.uniformnz.com this is the polo top we wear to sports day but can be worn every day as a uniform if you wish. Note the sizing is on the small side. We also have the option of a grey/red hoodie with logo on front. These hoodies are warm and the perfect garment for these cooler days.

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A reminder to all parents to ensure your tamariki / children have something for **fruit/brain break and lunches are healthy**. We know it is tough to make the contents of a lunchbox exciting during winter. The cost of fruit, nuts and veges are well up which adds to the difficulty.

Our tamariki are also lured to packaged snack foods and other exciting things. Apples, oranges, carrots and mandarins are in season at not a bad price.

School lunch boxes are a hot topic at the moment in many schools and teachers hate being the lunchbox police. Many groups have healthy lunch idea pages to look at online. The supermarket chains have a section dedicated to it. The heart foundation has ideas also. The main issue being they clearly did all of these in summer. In winter no one is paying \$15-\$18kg for grapes and \$5 for a tiny cucumber. We have a pie warmer operating at school. It is great for leftover meals, toasties/wraps and things from home. Please make sure there is no glad wrap/cling film on the items to be heated and they are named clearly.

Book Bus Timetable
11 Aug; 3 Nov; 1 Dec
Waikawa Reserve 10am-10.45am;
Tokanui School 11.15am-12.30pm;
Fortrose Picnic Area 1.15pm2.00pm; Gorge Road School
2.30pm-3.30pm





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### LMV CLUBS @ Menzies College



Where students complete fun and engaging ART, SCIENCE, DIGI, and TECH activities designed to empower kids to love and learn.

A great way for students to become familiar with the Menzies environment and build relationships with teachers and students.

WHAT	Students will be put into aged groups and rotate around the five areas - one session at each!
WHO	Primary-aged students: Y0-6
WHEN	Term Three 2025 - 3.20-4.20 pm Start Wednesday 13th August for 5 weeks (no clubs Wednesday 27th August due to tournament week)
WHERE	Menzies College, meet in the school hall - please collect students from the hall at end of the session.
COST	\$30 term (we don't want cost to be a barrier for anyone so please contact Margaret Dale if this is a problem).  Cash at Wyndham and Menzies offices  Bank account: Menzies College 03 0962 0044848 000 ref: Clubs and name
TRANSPORT	Wyndham - Mrs. Dale will collect students from vege patch  Edendale - a van will run (gold coin donation), add a name to list at Edendale  office.  Everyone else - meet at the school hall.

Enrol at Menzies, Wyndham, or Edendale Office or email mdale@menzies.school.nz

Join the "LMV SCIENCE CLUB PLUS" page o updates!



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#### IN-CONFIDENCE

#### Become an Oranga Tamariki Foster Caregiver in Southland

#### Help make a Difference in a Child's Life!

Are you ready to provide a safe, loving, and supportive home for a child in need? Oranga Tamariki is looking for caring individuals and families who can help children in care to grow, heal, and thrive.

We are currently seeking caregivers who can offer:

- · A safe and nurturing environment
- Emotional and physical support to children in need
- · A commitment to helping a child reach their full potential

As an Oranga Tamariki caregiver, you'll receive training, 24/7 support, and a financial allowance to assist with the care of the child. You'll also join a network of compassionate individuals dedicated to making a lasting, positive impact in the lives of children.

#### Who can become a caregiver?

- People with a genuine desire to care for children
- · Families, singles, and couples
- People with different life experiences, backgrounds, and cultural connections

Every child deserves the chance to grow up in a loving, stable home. Could that home be with you?



Contact us today to learn more about joining the Southland caregiving whanau.

Call: Isla Hardy

Email: Isla.hardy@ot.govt.nz Website: orangatamariki.govt.nz

Together, we can make a brighter future for children in Southland!



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### School lunches

#### Ngā kai hauora o te wā tina ki te kura

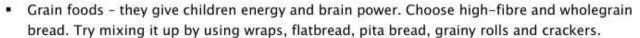
A healthy, balanced lunch gives children everything they need to play and learn well.

Involve your child in choosing and making lunches. This will make them more likely to eat and enjoy their lunch.

#### Lunch box checklist

Include items from the following food groups.

# Something filling - Go foods (carbohydrates)



### Something lasting - Grow foods (protein)

- Milk and milk products they provide calcium, which helps to build strong bones and teeth.
   Cheese slices and yoghurt are great snacks in lunch boxes. Include a small ice brick or a frozen water bottle to keep them cool and at a safe temperature.
- Lean meat, chicken, fish, eggs, nuts and beans they provide protein to help build strong
  muscles and key nutrients such as iron and magnesium for growth. Peanut butter, chicken,
  tuna, eggs or hummus make great high-protein sandwich fillings.

### Some colour - Glow foods (vegetables and fruit)

- Vegetables and fruit they provide fibre and important minerals and vitamins. Cut vegetables into manageable pieces such as carrot, cucumber or celery sticks. You can also add vegetables to sandwich fillings. Use fruit that fits easily in a lunch box such as mandarins, small apples, grapes or a pottle of diced fruit. To keep the cost down, buy vegetables and fruit that are in season. Eat fruit instead of drinking fruit juice.
- Bottle of water try adding fruit or vegetables like lemon, cucumber, oranges or berries to make flavoured water. See Make your own flavoured water from Healthy Kids (www.healthykids.org.nz).



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Supporting our family & whānau, one calf at a time.

Dear.

I wanted to follow up on Hospice Southland's Raise a Calf for Hospice campaign — a heartfelt initiative that helps us support our community, one calf at a time.

We're thrilled to share that 18 live and 5 virtual calves have already been donated — an incredible show of support from our community. Every single calf makes a meaningful difference.

All proceeds raised through the campaign stay right here in the Southland and Wakatipu region, enabling Hospice Southland to continue providing care at no cost to those who need it most.

You can get involved in two ways:

- Pledge a calf Raise a calf until weaning and donate the sale proceeds to Hospice.
- Donate a virtual calf Make a one-off donation of \$350 and we'll do the rest.

You will find a links to the registration forms below.

If you'd like to join the campaign or have any questions, please don't hesitate to get in touch.

Every registration goes in the draw to win 1 of 2 \$500 worth of calf meal

> The heaviest calf will win \$1,000 travel voucher



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### Gorge Road School

Thanks to the below businesses for sponsoring our school app:



If you would like to advertise on the Gorge Road School Skool Loop App please email Content@skoolloop.com

SKOOL LOOP

o download our app: In Google Play & App Store search

'Skool Loop' & choose School once installed.