

ZAYED COLLEGE FOR GIRLS

EDUCATE A WOMAN, EDUCATE A NATION

NOTICES

17 OCTOBER 2024

44 Westney Road, Mangere, Auckland. P: 09 2550904 E: admin@zayedcollege.school.nz

WELCOME BACK TO TERM FOUR **TERM 4 DATES**

Number of weeks: 10 Term start: Mon 14 Oct

Ends no later than: Fri 20 Dec

Public holidays:

Mon 28 Oct Labour Day Wed 25 Dec Christmas Day Thu 26 Dec **Boxing Day** Wed 1 Jan 2025 New Year's Day

Thu 2 Jan 2025 Day after New Year's Day

School Events:

Fri 18 Oct Option forms for Seniors of

2025 due.

Thu 24 Oct National Shake Out Drill.

Colourful Hijab Day—wear

any hijab you like.

Fri 25 Oct Seniors visit to exam center for

NCEA exam Orientation. 9 - 10am

Year 13 Farewell Assembly.

Seniors last day before study leave.

Mon 28 Oct **Public Holiday - Labour Day**

Tue 29 Oct **MOE TOD (Teacher Only Day)**

NO SCHOOL TODAY

Fri 1 Nov Year 13 Graduation dinner.

Tue 5 Nov NCEA and NZ Scholarship Exams

commence.

Wed 13 Nov Junior exams begin and finish Wed

20 Nov

Mon 18 Nov Dentist in school till Fri 22 Nov

Tue 10 Dec **Prize Giving 10:30am - 12:30am**

Wed 11 Dec Whole School End of Year

Trip to Rainbows End

Fri 13 Dec Faith in Action Events

Last Day of School for 2024

Mon 16 Dec Office open till 12pm - Staff Lunch

Tue 17 Dec Office open till Fri 20 Dec

NEW STUDENTS IN 2025

Thank you to all families who have already enrolled their daughters for 2025. We look forward to welcoming them to our school community.

If you have other children or friends who would like to enrol at Zayed College for 2025, please do so as soon as possible. Currently, we have places at each year level, but we will be enrolling only up to the number of classes we can accommodate.

Once we reach these numbers, we will advise families that their daughter's application is on a waiting list and encourage enrolment in another school to be sure of a place.

DANGEROUS DRIVING ON SCHOOL PROPERTY

On the 15th of October, at the end of the school day, witnesses reported an incident where a vehicle on the wrong side of the driveway, mounted the footpath to avoid incoming traffic. This is a dangerous and reckless act.

The number plate was recorded by a witness and referred to the Police. Thank you to all the concerned parents who informed the school.

When reporting dangerous driving on school property, please take note of the number plate and we will forward to the Police.

PRIZEGIVING

All parents and caregivers are warmly invited to attend the end of year prizegiving on Tuesday 10 December from 10:30am to 12:00am.

GRADUATION GOWNS AND CAPS FOR Y13

Graduation gowns and caps may be collected from Monday 2nd December. A \$50 bond is required and is fully refundable when gowns and caps are returned by Wednesday 18 December. Please note, if you pay by Eftpos or Direct Credit a refund may take up to 2 weeks.

CHARCOAL CHICKEN

School lunches provided by Charcoal Chicken will now be available on **Thursdays only**. The last day for 2024 orders will be Thursday 12 December.

THANK YOU TO OUR PTA MUMS!



We'd like to extend our heartfelt appreciation to our wonderful PTA Mums for their fundraising efforts.

Thanks to their hard work and generosity, our school now has a brand new basketball hoop!

Our students are having so much fun with this new addition. The smiles and

laughter during recess are a testament to how much the children are enjoying it. Your support continues to make our school a better place for all.

NETBALL TOURNAMENT

Please go along and support our girls (ZC) at the IWCNZ Netball Tournament this Saturday at Ormiston Senior College, Ormiston. We have 5 teams participating (Y7-12) and it will be great to have support there to cheer them on.

* Times stated below are subject to change

IWCNZ AUCKLAND NETBALL TOURNAMENT - 19TH OCTOBER 2024 - ORMIS

275 Ormiston Road, Manukau City Centre, Auckland

Game	Time	Grade	Team 1	Team 2
1	9.30 – 9.45	Junior A	AM 1	ZC YELLOW
2	9.45 – 10.00	Junior B	AM 2	M. FERNS
3	10.00 - 10.15	Junior B	ZC RED	ZC BLUE
4	10.15 – 10.35	Youth	M. FERNS	AL MADINAH
5	10.35 – 11.55	Youth	SAMA	ZC BLUE
6	11.55 – 11.20	Open	M. FERNS	E. MUSLIMAH
7	11.20 - 11.35	Junior A	SAMA	ZC YELLOW
8	11.35 – 11.50	Junior B	AM2	ZC BLUE
9	11.50 - 12.10	Youth	ZC ORANGE	AL MADINAH
10	12.10 - 12.30	Youth	M. FERNS	ZC BLUE
11	12.30 - 12.55	Open	SAMA	E. MUSLIMAH
12	12.55 – 1.10	Junior A	SAMA	AMI
13	1.10 – 1.25	Junior B	ZC RED	M. FERNS
14	1.25 – 1.45	Youth	SAMA	ZC ORANGE
15	1.40 - 2.00	Youth	ZC BLUE	AL MADINAH
16	2.00 - 2.25	Open	SAMA	M. FERNS
17	2.25-2.45	Youth	M. FERNS	ZC ORANGE
18	2.45 – 3.10	Youth	AL MADINAH	SAMA
19	3.10 – 3.25	Junior		
		Finals		
20	3.25 – 3.55	Youth	ZC BLUE	ZC ORANGE
21	3.55 – 4.15	Youth	SAMA	M. FERNS

Junior games - 5 min/half with a 2-minute break Youth games - 8 min/half with a 2-minute break

Open games - 5 min/quarters with a 1-minute break at each quarter



ATTENDANCE DUES IS COMPULSORY AND IS A CONDITION OF ENROLMENT

At the time of enrolling your daughter/s, you signed an agreement that attendance dues would be paid. This is an Amanah. Islam also takes the matter of debt very seriously and warns against it and urges the Muslim to avoid it as much as possible.

We urgently remind you to pay your outstanding dues as soon as possible.

Payment options:

1. Online bank transfer

Account Number: 02-0124-0100679-00

Reference: Childs name Code: Year Level

2. Cash/Eftpos at school reception

3. Automatic payment arrangements

For questions, setting up a payment plan or financial hardship - contact our Executive Officer, Nafisah Rasheed, at finance@zayedcollege.school.nz

DON'T FORGET YOUR PE GEAR!

Physical Education is compulsory for all students from Year 7 to Year 10. Students are expected to bring their PE gear for every PE lesson for Health and Safety reasons.

When they don't, they are excluded from participating in class work which negatively impacts on their learning.

We seek your cooperation in ensuring that the students bring their correct gear and participate as best they can.

SUNSCREEN IS RECOMMENDED WHEN OUTSIDE

As the weather warms up and we now have a playground, we recommend that students wear sunscreen on exposed skin while outside in the sun.

On a cloudy day, it's also important to wear sunscreen because the suns UV rays can bounce off the clouds so you may get more exposure even if you don't feel it. Not feeling too hot also makes you lose track of time outside so you may get burned without you realizing it.

ESSENTIAL RULES FOR CHILD SAFETY ON THE PLAYGROUND

To protect children from accidents and injuries, it is essential to establish and enforce specific safety rules. These rules may include the following:

- No pushing, shoving, or rough play.
- No running on wet surfaces.
- No climbing on equipment not meant for climbing.
- No pushing or shoving others on the hammocks.

By teaching and reinforcing these rules, we hope to instill a sense of responsibility and the importance of following safety guidelines.

FROM THE COUNSELLING ROOM

Mental Health Awareness Week 2024 was the last week of Term Three and its focus was "COMMUNITY IS... WHAT WE CREATE TOGETHER".

On the noticeboard in the Atrium, Ust Sandy created a collage of ideas related to mental well-being and to strategies that promote this, for example:

COMMUNITY - involves being an **active member** of a larger social network with shared values that provides a sense of belonging.

CONNECTION - refers to the ability to create trusting and co-operative relationships with others.

COMPASSION - involves being kind and empathetic to others.

COPING - refers to the strategies we use to manage stress, to face challenges and to problem-solve and adapt in a way that enhances our self-esteem and self-worth.

CARE - involves engaging in regular self-care activities such as exercise, healthy eating, adequate sleep and relaxation.

On the first day, the emphasis was on **Kindness**, with the focus on simple things that students could do to "be the reason someone smiles today." They were encouraged to practise being kind in many different ways, both at school and then at home and in the community.

The next day the Middle School students were invited to take part in **Mindful Colouring**. This activity has may health benefits for young people and for adults, and the mindful colouring trend has become very popular



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nationwide. The benefits include the ability to relax and calm the amygdala (the part of the brain that processes emotions); to relieve stress and anxiety; to improve focus and concentration; to develop fine motor skills; to be creative and original and to have fun!

On Wednesday the students were given **Gratitude Sheets** that contained 9 positive statements in tear-off strips. They were asked to think carefully about each statement and then to decide to whom they would give each token of gratitude, either at school, or at home, or in the community.

Our final day was Thursday, and it was time for **FUN!** At lunch break, teams of girls from Year 7 to Year 13 were given bubble wands to blow outside to fill the courtyard with glorious shimmering bubbles in the afternoon sunshine. There was plenty of laughter, and every girl was treated to a lemonade ice block, for which they were very grateful! Laughter enhances our intake of oxygen-rich air and increases the feel- good chemicals that are released by our brains. In short, it brings people together and makes us feel good. Play also connects us to others, relieves stress and promotes feelings of well-being.

Sometimes it is simple activities that work best to bring us joy and help us to build bonds with others.

Ust Sandy

Counsellor