



Code of Conduct for Student Athletes

At St Catherine's College, we believe that sportsmanship and character are just as important as skill and competition. Our **Code of Conduct** is based on the value of **Mercy**, emphasising respect, kindness, and fair play. All student-athletes are expected to uphold these principles both on and off the field.

1. Respect for Others

- Treat teammates, opponents, coaches, and officials with kindness and dignity.
- Avoid negative or disrespectful language, gestures, or behaviour.
- Recognise and appreciate the efforts of all participants, regardless of the outcome.

2. Fair Play and Integrity

- Always play by the rules and encourage others to do the same.
- Accept victory with humility and defeat with grace.
- Avoid cheating, dishonesty, or unsportsmanlike conduct.

3. Compassion and Teamwork

- Support and uplift teammates, recognising that success is a shared effort.
- Show understanding and encouragement to those who struggle or make mistakes.
- Be willing to help others improve, fostering an inclusive and supportive environment.

4. Responsibility and Accountability

- Take responsibility for actions, both positive and negative.
- Apologise and seek to make amends when mistakes are made.
- Commit to training, practice, and maintaining a positive attitude. If you are unable to come to training, communicate this clearly with the trainer/ manager/ coach. Use the HEJA app only.

5. Leadership through Mercy

- Lead by example, demonstrating patience and forgiveness in challenging situations.
- Help de-escalate conflicts and promote peaceful resolutions.
- Show gratitude to coaches, officials, and volunteers who contribute to the sport.



6. Respect for the Community and Environment

- Represent St Catherine's College with pride and integrity at all sporting events.
- Take care of sports facilities, equipment, and the surrounding environment.
- Promote inclusion and ensure that all students feel welcome to participate.

By following this Code of Conduct, student-athletes at St Catherine's College commit to creating a culture of mercy, respect, and sportsmanship, ensuring that the values of our community shine through in every game we play.

Signed:

Student Name: _____

Date: _____