

Papatoetoe West School

Together We Strive For Growth Through Learning

School wide newsletter

Term 2

23 May 2025

UPCOMING EVENTS

Week 5

Mon 26 May - Reading Together Workshop #3 - 3pm

Thursday 29 May - Y5/6 Sports Exchange vs Puhinui - 1 pm onwards

Friday 30 May - Teacher Only Day - School Closed

Week 6

Mon 2 June - King's Birthday - School Closed

Wed 4 June - Samoan Language Week Assembly - 11:45 am

Wed 4 June - Pre-school Meeting - 2 pm

Wed 4 June - Samoan Language Week Assembly - 11:45 am

Wed 4 June - Matariki Hui - 3pm

Week 7

Tues 10 June - Winter Sport Tournament - Rugby, Soccer and Netball



From our Assistant Principal

Kia ora e te whānau,

It's been a busy and exciting couple of weeks here at school, full of learning experiences for our students!

We were thrilled to have the NED Show at our Kura. They brought an inspiring message to our whole school around perseverance, growth mindset, and positivity. Students across all the year groups now know what it means to be a NED—NEVER GIVE UP, ENCOURAGE OTHERS and DO YOUR BEST! It's been wonderful to see these values already being put into action across our classrooms and within the playground.

Our Year 0–2 and Year 5/6 students also had a fantastic time exploring Maungakiekie (One Tree Hill) on their recent trips. It was great to see their excitement when they came back to school from their trips. They spotted volcanoes and landmarks across Tāmaki Makaurau — learning outside the classroom always brings such rich discovery and learning. Thank you to all those fit parents who supported the teachers and students - We appreciate the support.

Last Friday, we celebrated two important events. Pink Shirt Day which reminded us all about the importance of kindness and standing up against bullying—a message that really resonated with our tamariki. We also took the time to honour our incredible support staff, whose mahi behind the scenes makes such a difference every day. We are so grateful for everything they do to support our learners and our school community.

Ngā mihi nui

Rebecca Baker

FREE NURSE ON SITE!!!

Please use this amazing service

FREE NURSE SERVICE AT SCHOOL

TO ACCESS SUPPORT FROM THE NURSE:

Contact your classroom teacher, send a note or email

rebeccab@pap-west.school.nz and we will put through a referral.



Mana Kidz **Health information**



Measles





Symptoms are:

cough

runny nose

sore red eves

rash

Measles spread very easily between people who are not immune. It can cause serious health problems **IMMUNISATION** is the best protection for you and your whanau.

If you think you have measles, or want to check if you are vaccinated, contact your school nurse or doctor. And make sure to isolate yourself to protect your friends, family, school and community













Mana Kidz is a free nurse-led health clinic at your school



Preventing Rheumatic fever

Asthma management

> Hearing and vision concerns



Sore throat checks

Skin infections

Oral health Headlice other health concerns

MANA KIDZ NURSE

Malo e lelei, My name is Theresa Ngata and I'm the Mana Kidz Nurse for your school!

I'm a proud kiwi-born Tongan working as a nurse to help you and your famili/whanau in any way I can with your health.



Make sure to get a Mana Kidz consent form signed for access to our services 2

Mana Kidz number: 0800 658 326 Website: https://www.nhc.maori.nz/matou-mahi/our-



Pink Shirt Day

Last week on Friday, we proudly wore pink to stand together against bullying and to celebrate the power of kindness. Pink Shirt Day reminds us of the importance of creating safe, inclusive spaces where everyone feels valued and accepted for who they are. It was a great day to show that even small acts of kindness can make a big difference.

Kōrero Mai, Kōrero Atu, Mauri Tū, Mauri Ora

Speak Up, Stand Together, Stop Bullying!

Kindness Patrol

On Pink Shirt Day, we celebrated kindness all around the school! Our Our Student Leaders wore bright pink vests and walked around looking for kids who were being kind, helpful, and including others. When they spotted someone showing kindness, they gave them a special token. It was a fun way to remind everyone that even small acts of kindness can make a big difference!









Kindness Wall

At first break in the Wonder Hub, we enjoyed fun and meaningful activities to celebrate Pink Shirt Day! We created a Kindness Wall by adding positive messages to it. Everyone who visited could read the kind words written by others. It was awesome to see so many smiles, laughter, and friends coming together to spread kindness and enjoy the day!





Y5/6 Sports Exchange vs Pap North

What a fantastic day of sports we had on Thursday! Our primary school teams showed incredible energy, skill, and most importantly, a wonderful spirit of sportsmanship across soccer, netball, and rugby. It was truly inspiring to see so many happy faces, working together and enjoying the games.



Student accounts of the day

I was nervous and excited. The game was intense. I got tackled by a bigger boy and it surely hurt. It was fun when we did have the ball. After the game I was so happy I came off with no injuries.

- MJ Te Puāwaitanga
- Senior rugby

Yesterday we played and lost 1-0. But we still had lots of fun. I played goalkeeper for the first time. I think I did pretty well. I like that our team is communicating more, and getting to know each other better. Hopefully in the next game we can score some points and I can keep getting better at my new position.

- Soraya, Ruma Rua
- Soccer Girls



Our team was very positive. I felt very excited playing. I have never played netball before I even had to play goal shoot! Talk about pressure. I enjoyed and had fun playing against North.

- Denzell, Te Puāwaitanga
- Netball A



Our game was amazing but pretty hard. Pap North were tall and good at defence. Our team put up a good fight and had really good passing. Can't wait for the next one

- Maria, Ruma Wha
- Netball

Social Worker (SWiS)

This a free service available to our children and their whānau here at Papatoetoe West School. Please feel free to contact our school SWiS (Sachi) through the Office, or by one of the following phone 027 702 7987 or email swis@pap-west.school.nz or sachim@atwc.org.nz

SWiS service help support whanau with housing, work and income entitlements, advocacy, food support and referrals to community services and organisations.

families so please don't hesitate to reach out!



Planned absences

Regular attendance is vital for your child's learning and well-being. Being at school every day ensures they don't miss out on key learning opportunities and helps build strong routines.

However, if you need to plan an absence, please notify us in advance by emailing or seeing the Principal or Deputy principal (sandyt@pap-west.school.nz or emmam@pap-west.school.nz).

Requests for absences longer than one week, especially for holidays, are unlikely to be approved. In line with Ministry of Education guidelines, extended absences may result in your child being removed from our roll.

Let's work together to make attendance a priority and set our students up for success.

Year 5/6





Our Maungakiekie Trip

Student Voice

"As we started walking, it felt really steep. It was exhausting. I felt hot but I didn't stop." - Shashank

"We were desperate to reach the top." - Seenu

"The wind blew, our feet stomped across the grass, as we made our way up One Tree Hill." - Naira

"As we climbed up the mountain I thought it would only take 30 minutes max. I was thrilled, but oh boy I was wrong." - Simarleen

Y5/6 Science Experiments







The Year 5/6 students are exploring volcanoes through hands-on science experiments. So far, they have used clay to model Earth's layers and raced liquids to test viscosity. These fun activities helped them understand how volcanoes work.

We love Poetry



Ruma Wh \bar{a} have some awesome Poets. Check out a few of their poems this term

A Japanese Haiku on the left by Louisa

> And a couple of Pink Shirt Day Acrostic Poems by Aryan and Zainab

People will always put you down but stand up for your self. Inspire people to be kind.

Nice people will always endourage you to do the right thing.

Know people how there really are.

Stand up to your bullies.

Hate is a big word so don't hate. I always love people that treats the same with other.

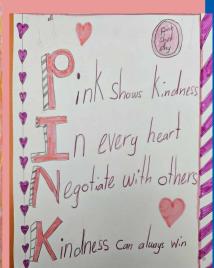
Resilience is one of the best things.

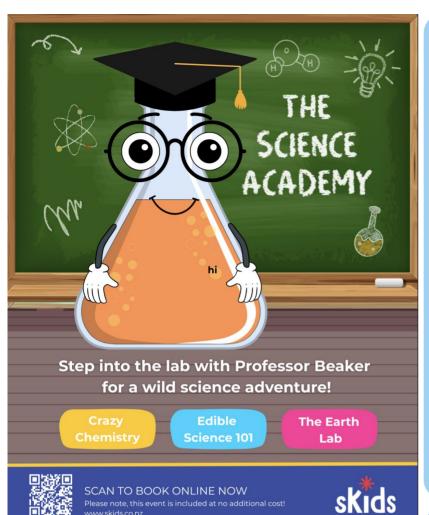
Tell other people to not bully.

Don't be mean to other people

Appreciate the things you have.

Yoy can always be kind.





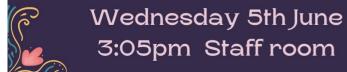
REMINDER: SCHOOL CLOSED FRIDAY 30TH MAY



Preparations are underway for our Matariki celebrations in Week 8, with tamariki taking part in activities throughout the week.

For the first time, we'll be holding a special sunrise
Hautapu Ceremony on Wednesday 18th June
followed by breakfast – and we're hoping to
feature Kapa Haka performances too!!

If you'd like to help plan for the week, please come along to our meeting. All members of our community welcome!





Writer's Festival

A group of 24 keen Year 5 and 6 writers went to the Auckland Writers Festival at the Aotea Centre last week. We listened to four different authors talk about their lives and how they go about the writing process. Steph Matuku who wrote the Whetū Toa series of books described herself as a Pantsie, and author who never plans but just writes by the seat of her pants.

Anders Sparring & Per Gustavsson came from Sweden for this festival. They are the writers of The Pinchers books. Jessica Townsend is an award winning Australian writer who writes about dragons.

The last author, Antony Elworthy, was also an amazing animator. He has worked on big Disney film projects and is currently working on the children's TV show called Kiri and Lou.

It was a great experience for all and I am sure our writers will be inspired to pursue their own writing dreams.

Term 2 Art







The process of charcoal as a medium involves learning about the gradients and learning to draw with light and shadows. The study of the New Zealand artist John Bevan Ford made connections to the whenua, storytelling and the creative expression and imagination based off our Inquiry visit to Maungakeiekie.





Knowing if your child is well enough to go to school

Health New Zealand
Te Whatu Ora

Going to school every day is important for all school aged tamariki (children). It helps build their confidence and social skills, and to achieve their education and life ambitions. This information helps you decide when it is okay to send your child to school, when you should keep your child at home and when you should contact a health professional for advice.

When your child has symptoms but can still attend school

These mild symptoms can be caused by a condition or reaction rather than an infectious illness. A child with these symptoms is likely to still be able to attend school:

- Mild respiratory symptoms
- Hay fever and allergy symptoms
- Skin problems that are not infectious

Symptoms of concern

- Keep your child at home if they have any of these symptoms:
- Fever (more than 38°C)
- Vomiting or diarrhoea
- Sore throat that requires pain relief to feel comfortable
- School sores and other skin infections
- A new rash or itches
- Head lice (nits) and scabies
- Wheezing or difficulty breathing

How to keep your whānau healthy

There are simple things you and your whānau can do to stop the spread of infectious diseases and illnesses at home, school and work.

These include:

- immunise against infectious diseases
- keep hands clean
- stay at home when sick
- wear a face mask
- cover coughs and sneezes
- improve ventilation
- keep household surfaces clean.

Who to contact for health advice

If you are worried about your child's health, or anyone else in your whānau, there are healthcare services and supports available.

Use this information to get the right health advice and care that you need.

Local healthcare providers

If you or someone in your whānau needs to see a doctor, contact your local healthcare provider to arrange an appointment. You can also contact or visit your local community pharmacy to ask for advice. Healthpoint has details of services and opening hours.

Healthline

If you can't access a doctor or you don't have one, you can call Healthline on 0800 611 116 anytime 24/7 for free health advice, treatment and information about what to do next. Interpreter support is available.

In an emergency

In any critical or life-threatening emergency call 111 from any phone, or go to your nearest hospital emergency department (ED). This includes:

- heavy bleeding
- severe pain (particularly chest pain)
- difficulty with breathing
- severe headache
- sleepiness (hard to wake) or seeming floppy and confused
- severe allergic reactions
- bad burns
- mental health emergencies.

Anxiety and school attendance

Anxiety is a normal response to new or stressful situations. Tamariki can feel anxious about school for many reasons—starting a new school, returning after a break, or facing challenges with friendships, teachers, or schoolwork. They might worry about fitting in or feeling pressure to learn in a certain way.

Difficulties outside school, like a bereavement, illness in the whānau, or frequent moves, can also affect how settled a child feels at school.

If your child is feeling anxious or avoiding school, it can be stressful for both of you. Please reach out to the school for support.