



Te Wahanga tua tahi mo te wiki Tuatahi  
Tokohia ngā tamariki: 72



We are very pleased to introduce Irma Luka who will be our new in-school Counsellor. Irma will be attending our kura every Wednesday to work and help our tamariki. A profile in this paanui outlines the way Irma will work with our tamariki.



This is a great opportunity for our tamariki and we are very lucky to have someone like Irma.

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**Fruit in Schools Update:** We have received confirmation that this will continue until at least December 2026. This is reassuring and helps our tamariki get a regular supply of fresh fruit

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**Property Updates:** We are hopeful of the staffroom being renovated over the next two terms. There is not a lot of funding for this project so we will have a limit on what can be done. We are also awaiting quotes for repainting a couple of the main blocks. Hopefully this will be done in the summertime – a fresh coat of paint.

### Centennial Park School Values Ngā Uara



**Wairua Hihiko** - (Innovation) their creativity, imagination and flair for innovation

**Panekiretanga** - (Excellence) in all they apply themselves to

**Mana Tangata** - Pride in their identity, resilience when faced with challenges and adversity, enduring respect and care for hapū and iwi, integrity of character and as an individual

**Maniapototanga** – versed in the whakapapa, waiata, karakia, histories of Maniapoto

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### Did you know?

*In 1845, the first rugby rules were written by students of Rugby School, Warwickshire, England*



### Did you know?

*The first telephone was not invented by Alexandra Bell. It was Antonio Meucci who was an Italian American inventor. Bell was the first to patent the phone and therefore suggested to the public that he was the first. As late as 2002, The Congress in the USA finally recognized the true inventor, Antonio Meucci*

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### Attendance Update:

Term 3: The first days of the term have been a little disappointing with mainly a high number of absences due to illnesses in most cases. Let's try and keep safe and dry during these cooler winter months. The Gov't goal of 90% maybe a little unrealistic during this term, so if we can reach an overall mid to high 80% of attendance, that will be an achievement to be proud of.

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# What is Creative Arts Therapy?

## Information for Whānau



- **Why?**
- There are many benefits for people to engage in the creative arts therapies alongside an arts therapist.
- The focus for me as a creative arts therapist is to provide a supportive environment in which to foster emotional regulation, self-expression, social and relationship skills, and to support the development of self-awareness and self-confidence as well as self-soothing and calming strategies.
- Children might already have an interest in art as a means of self-expression. However, it will not be an art class, but instead provision of the arts as a responsive tool within a person-centered therapeutic relationship.
- **Who am I?**
- I am a qualified Creative Arts Therapist (Clinical) and am registered with the professional body of Creative Arts Therapists for New Zealand, Australia and Asia (ANZACATA). I have worked in schools with children and teenagers since 2007, first as a teacher and now as a therapist.

Ngaa mihi nui

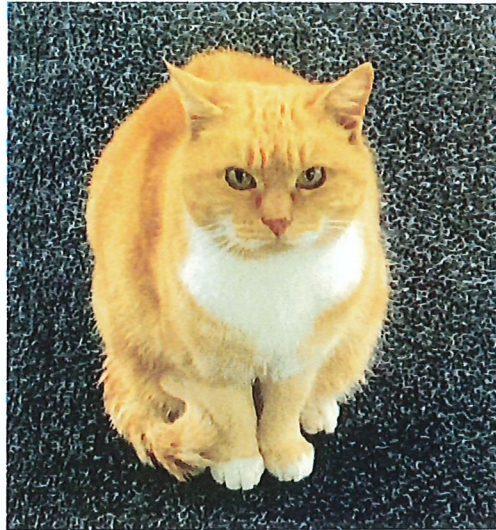
Irma Luka

- Please feel free to email me if you have any questions or would like to make a time to meet: [irma.luka@skylight.org.nz](mailto:irma.luka@skylight.org.nz)





# PUMPKIN



Meet Pumpkin our school cat mascot:

He is with us for a year now  
and keeps staff and Tamariki company  
when they need support.

Pumpkin is very friendly and if you are lucky  
he will meet you at the reception of our kura.

