



Westbrook School

office@westbrook.school.nz

www.westbrook.school.nz

Phone: 07 347 6512

Westbrook Dental Clinic : 07 347 6242

Newsletter

Week 5 Term 1 - 26th February 2025



Colin's Kōrero

Teacher Only Day Last Week

The focus for our Teacher Only Day last Friday was "Supporting Students Managing Trauma." Our presenter was Kathryn Berkett, who is a world authority on this topic. This was a most worthwhile day for us as we collectively learned a great deal about the effects of trauma on people, or why some students may be "over-sensitised." Two of the key messages I need to share are;

- Hand-held devices being used for more than 30 minutes daily can have a significant negative effect on children. More than we realised. The negative effects are both mental and physical. Brain development is restricted with regular use and children's muscle development is delayed with irregular and inconsistent movement. The advice I share with you is to ensure that your children are physically active at regular intervals during the day and that devices are used sparingly
- Children, and adults, can become over-sensitised for a multitude of reasons. Mostly from an incident or series of incidents that place them in a "primitive state." When in this state a person is unable to rationalise or make reasoned choices. We need to support people in this state by giving them time and space to re-regulate in order for them to function normally again

Field Upgrade

Our main school playing field requires a make-over. The surface is very hard with an irregular surface, rather than being smooth with a level surface. We need a plan to upgrade it. I am aware that we have some parents and whānau who may have access to either the knowledge about how to upgrade it or the machinery to help do the job. I would appreciate hearing from anyone who can help us come up with a plan.



Whānau Focus

Next week is the mid-week of our first term for 2025. The first 5 weeks have certainly flown by. Our focus for next week is on family and recreation. We avoid having after-school meetings during this week and we encourage our families to plan to have some fun together during the week. Despite the increase in curriculum demands our teachers are dealing with this term we hope that our students will enjoy some fun activities with their classmates throughout the week.

2025 Calendar of Events

Term 1

Thurs 27th February	Y1 Redwood Trip postponement day
Thurs 27th February	Y2 Community Walk
Fri 28th February	Whole School Assembly 11.30am - all welcome
Mon 3rd-Fri 7th March	Family Focus Week
Fri 14th March	Whole School Assembly 11.30am - all welcome
Thurs 20th March	Y3 Water Reservoir Trip
Thurs 27th March	Westbrook GALA
Fri 28th March	Whole School Assembly 11.30am - all welcome
Fri 4th April	Y2 Grandparents Day
Thurs 10th April	Principal's Treat Day
Fri 11th April	Whole School Assembly 11.30am - all welcome
Fri 11th April	Last day of Term 1

Term 2 starts on Mon 28th April



Wed 30th April	Y5 Camp
Fri 2nd May	Whole School Assembly 11.30am - all welcome
Tues 6th May	Parent Interview 2.15pm-6pm (School to close early)
Wed 7th May	Parent Interviews 3pm-6pm (normal school day)
Wed 14th May	Junior Disco 5.30pm-6.30pm
	Senior Disco 7pm-8pm
Fri 16th May	Whole School Assembly 11.30am - all welcome
Fri 16th May	Pink Shirt Day
Mon 26th May	Year 3 Swimming (all week)
Wed 28th May	Y4 Museum visit (9.30am-11am, 12.15pm-1.45pm)
Thurs 29th May	Y4 Museum visit (9.30am-11pm)
Fri 30th May	Whole School Assembly 11.30am - all welcome
Mon 2nd June	King's Birthday
Fri 13th June	Whole School Assembly 11.30am - all welcome
Fri 13th June	Wear Yellow for Harold Day
Fri 20th June	Matariki
Fri 27th June	Whole School Assembly 11.30am - all welcome
	Last Day of Term 2

Our next **School Assembly** will take place on **Friday 28th February** in the school hall, starting at **11:30 am**.

You are more than welcome to join us, and see how we celebrate success.

We encourage the children to wear their house colours.





SPORTS NEWS



The RATS Kids Duathlon Tuesday 18th March (no postponement date).

The event is open for Years 3, 4, 5 and 6 children. The **\$10 entry fee** and **permission slip**, needs to be paid [via Kindo](#) no later than **Friday 7th March**. (Our deadlines are tight and late applications will not be accepted).

Parents/Caregivers will need to transport their child and their bike to and from Waipa Car Park on the day. The school will provide a Westbrook School uniform. Please see below for further information.

Course options:

Short Course: 500 m Run – 3 km MTB – 500 m Run (Years 3/4, 5/6)

Long Course: 1.5 km Run – 8 km MTB – 500 m Run (Years 5/6)

There are no team entries, all athletes will compete as individuals.

Age Groups: - Year 3 and 4 children must enter the short course.

Year 5 and 6 children can choose which course they would like to enter - short or long.

Race start times:

8.30am - Registrations and Transition area opens.

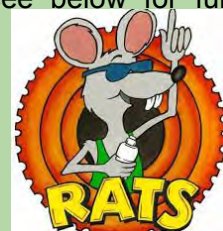
9.15am - All bikes must be in transition area & Race Briefing

9.30am approx. - Year 5 & 6 Short Course Race Starts

10:15am approx. - Year 3 & 4 Short Course Race Starts

11.00am approx. - Start Long Course

Please note start times may alter dependent on time it takes for previous races, registration numbers and weather conditions. All competitors should be ready to start from 9.30am onwards and have their bikes in the transition area by 9.15am. Children will be given a 10 minute call before each race is to start.



Westbrook Touch Rugby Teams

Thank you to all the coaches and managers who have volunteered their time to support our eight Touch Teams this term. The children are enjoying their games and are showing the Westbrook Way on the field. We have had mixed results in the grading rounds. The competition rounds begin this week and continue for the following two weeks. There are no games on the 11th and 12th March. The semifinals and finals will be held on 25th and 26th March. If these dates change all teams will be notified.

Westbrook Sports Uniforms

Caregivers of children who are in Westbrook School sports teams - please do not allow your child to wear their sports uniforms to training or school. They are expensive items and are for match days only, not for school or casual wear. Please encourage our sports people to treat them with respect and wear them with pride when representing Westbrook School on the sports field. Thank you for your support.

WESTBROOK SCHOOL GALA

THURSDAY 27th MARCH, 4pm



Our annual school gala is coming up again, so we need to kick into action!

We need lots of help to make our gala a huge success. If you have friends or family contacts that own or work at a business, please approach them to ask for a gala donation. We are seeking donations of cash, vouchers, goods or services to use as raffle and wheel prizes.

Please have a clean out at home and begin sending the following items to school:

- Clean ice cream containers.
- Small to medium sized cardboard boxes suitable for grocery hampers.
- Any unwanted gifts or items you have that we could use as prizes (must be NEW, not used).
- Books, CDs, DVDs (no video tapes or magazines please).
- Non-perishable items such as canned and packet food (please check the expiry date).
- Brown paper bags (eg from countdown).
- We are also starting to collect.....
Canned, bottles or packet food - non perishables only please.
These are used to make up food raffles for the wheel. Bottles of wine are also great for grocery hampers.
- Please leave donations at the school office.



GALA - 2025



Can you help with a Mystery Bag or two for Gala?

- Mystery bags are bags filled with goodies that children will like, such as lollies (wrapped), marbles, hair ties, balloons, small toys, stickers etc.
ITEMS MUST BE NEW, NOT USED.
- Mystery bags are sold at the gala for \$3 each.
- Please send along the filled bags to school.
- If you prefer you can send items for us to fill a brown paper bag, so it is a "mystery" to the child who buys it.

Year 5 Camp Fundraising Ice Blocks

Available every day

Ice Blocks are \$1.

Payment can be made on [KINDO](#).

Sorry no cash sales available

The ice blocks will be available
daily for several weeks.



Checking 'my orders' on Kindo

Not sure if you have completed your order?

Go to 'my orders' on your myKindo page, and you will
see your transaction history!

All your orders, top-ups and shopping items will be listed
here in date order.

It's quick and easy to check and keep track of orders.



Gala Tickets Available to purchase on [Kindo](#) now.

Save time on gala day and pre order your tickets.

Tickets will not be available for collection until the afternoon of
Thursday 27th March

You can also opt for the tickets to be delivered to your child's class.

Tip: You can add money to your Kindo Account each week and then closer
to the 26th choose how many tickets you would like to purchase from your
credit. This means your total tickets will be in the same order.

***All tickets purchased are non- refundable and will be
considered
a donation if unused.***

Remember the KINDO Helpdesk is there to help - Ph 0508 454696

Downloading the Skool Loop app - a step by step guide

Once you have downloaded the Skool Loop App, via either your Google Play or App store, please
follow the below instructions to select your school -

- Open the Skool Loop App - you will land on a welcome page.
- Click the 'Select your schools' this will bring you to a menu you can either search your school
or follow the country/region prompts.
- Once you reach your school, select it with the tick on the righthand side.
- Tap the 'select schools' button in the top right corner.
- Tap the big orange choose button. This will load your school and bring you to the settings page.
- Subscribe to the groups that are relevant to you,
then click the 'go back' button on your phone,
which will bring you to the main screen of your
schools app.



A huge thanks to our 2025 Gala Sponsors ...



So far

Advocate Printing
Agrodome
aMAZEme
AJ Hacket Bungy NZ
Atticus Finch
Bunnings
Canopy Tours
Capers
Click&Create
Dawson Insurance
Douglas Automotive
Hellers
Hell's Gate
Hielke Oppers (Tremains)
ITM
Kiwi Hatchery
Kylie Trenberth (Eves)
Makawe – bespoke hair by Toni
McDonalds Rotorua
Motion Entertainment

THANK
YOU!

O'Sullivan Clemens
Pita Pit (by KMart)
Polynesian Spa
Reading Cinema
Shavnee Putaranui
Scope
Te Poia
Turnbull Electrical
Velocity Valley
Wonderworld Amusement Park
Woolworths Fenton Street
Zorb

We are deeply grateful to our generous
sponsors for their invaluable support
in making the Westbrook School Gala a
success every year.

Your contributions enrich our
community and help create an
unforgettable community event.

♥
you
=are=
awesome



Remember to pop on to KINDO
to preorder your
[Gala Tickets](#)
[Gala Art](#)

Click to go to KINDO now.



Westbrook School

Family & Friends

Clients who list and sell with Kylie, or have been referred to her, will receive a 10% discount on commission

From now until 31st March 2025

T&C Apply

Kylie Trenberth

📞 027 466 8403

📧 kylie.trenberth@eves.co.nz



EVES
EYES Realty Ltd. Licensed under the REAA 2008

Once **Sold**,
\$500 will be
donated to
Westbrook School



Westbrook School Garden

February 2025

Our Goals

1. Develop children's interest, skills and knowledge in growing our own food and plants.
2. Produce food that can be used in our school lunches, for students who need lunch.
3. Grow seedlings/plants that can be used to fundraise for the school.
4. Reduce the schools food/paper waste through composting and worm farms.
5. Be kaitiaki for TREES FOR SURVIVAL natives and plant out the natives in local areas of need.

Trees for Survival

Wow our native seedlings have taken off. They are well on the way to being ready to plant out in September.



SHOUT OUT to...

Becs Carter and Hope Shearer who installed our watering system and checked on the garden over the summer break.

If you would like to help out in our school garden or have ideas/expertise or donations just message Michaela Muncaster.

Contact

Michaela Muncaster, Year 2 Room 12

Email: muncasterm@westbrook.school.nz or message on Seesaw or leave a message at the office.

Currently growing

Currently we have the following fruit in our school Garden: miniature peach x 2, cherry and avocado tree, 3 x mandarin trees, tamarillo and passionfruit. Growing at the front of the school is 2 feijoa trees. Vegetables currently growing: 2x types pumpkin, cucumber, tomatoes, strawberries, corn and hue.



What's Next

Term 1

1. Harvesting vegetables as they are ready.
2. Weed and pest control
3. Fertilising plants
4. Garden Sign – paint and display
5. Compost area – dig over new compost area
6. Plant cabbages for Hangi

TE AO MĀORI O MANGATAITUA

We have two events we are planning this year.

Matariki Celebration - HANGI, in June and Wharehui Visits for our Year 1-6 students, terms 2 or 3. We know we have experts in our community and whanau who can help make these events a success. If you have any ideas, thoughts, please get in contact.

Michaela Muncaster -
muncasterm@westbrook.school.nz or
seesaw message me.



WE HAVE THE SEEDLINGS, DO YOU
HAVE THE GARDEN?

WOULD YOU AND YOUR CHILD/REN
LIKE TO GROW CABBAGES FOR OUR
MATARIKI HANGI?

POP IN AND GET A COUPLE OF
SEEDLINGS FROM ROOM 12 OR THE
SCHOOL OFFICE. FIFS

JUNIOR TENNIS TERM 1 2025

**ROTORUA
TENNIS CLUB**



Junior tennis is on every FRIDAY during Term 1 @ Manuka Cres.

Junior club days are about fun games, with ball and court sizes adjusted for different age groups, and match play when ready. You do not need any equipment to start, just show up and have a go!

Every Friday:

- 3.30-4.15: Primary and Intermediate / New players
- 3.30-5.00: Secondary School and those younger players able to play full matches with normal balls.

Full year membership are available if you try tennis and decide that you like it :-). Besides junior club days, you have access to the tennis courts all year round, Saturday "Interclub" matches, and are invited to join in tournaments. Professional group coaching is also available separately.

Contact Nick | genni951@gmail.com

Rotorua Tennis Club, Manuka Cr, Rotorua

Give your Tamariki their Best Shot

Every Day at School Counts



**Rotorua
Attendance
Services**
Tuia i te herenga tangata

**Need help getting your
child to school? Contact
us on 027 808 2463**



**Girl Guiding
New Zealand**



Fun, Friendship, Adventure

**Guide units are starting back for 2025, and
have space for your daughter!**

**Guides is a great way to make friends, boost
self-esteem, build confidence and learn new
skills.**

**We take girls aged 5-17, and always welcome
new leaders (18+).**



SCAN ME

<https://girlguidingnz.org.nz/>
0800 222 292

Beginners After school Art Classes with Janet Keen

Enrolling NOW for Term 1 2025

Drawing, Painting, Mosaics.

Tuesdays, Wednesdays and Thursdays 3.30pm to 4.30pm and 4.35pm to 5.35pm

Small classes, friendly, safe, quiet, organic environment.

From age 7 and upwards.

Enquiries welcome:

Phone 027 351 3887 or email janet@jkeen.net.

374 Clayton Road
Rotorua.



GOLF NZ
T. TUTORIAL ADDRESS

2025 CBOP PRIMARY & INTERMEDIATE ZONE EVENT

WHEN: Monday 3rd March | WHERE: Lake View Golf Club | TIME: 9:00am Registration | COST: \$20 per team

The CBOP Primary and Intermediate Zone Event is for those who have engaged with golf before and are looking to play in a fun event with friends over nine holes. This is one of four zone events where the top six teams from each zone event will qualify for the Bay of Plenty Primary and Intermediate Event Final.

This is open to all primary and intermediate schools in the Rotorua district between year 3 and year 8 (inclusive).

- Teams of three or four students.
- 9 Holes, Ambrose format.
- Register with your school sports coordinator.

Full event information can be found on the Bay of Plenty Golf Futures website under 'Schools Golf'.



For more information, please contact
Sam Kendall, sam.kendall@golfnz.org



2025 WINTER REGISTRATION OPEN NOW!

Lakes Football Club

We're a whanau-friendly club offering football and futsal for all ages, from kids to adults, in our community.

Our focus is on having fun, fostering a love for football, and growing together.

Winter Season: Open to players 5th grade and up (turning 5 this year).

Training Locations: We have teams from all over Rotorua, we can put your Tamariki in a team near you.

Girls' Pathway: Dedicated programs to grow female participation.

Find us on Facebook and Instagram:
Lakes Football Club

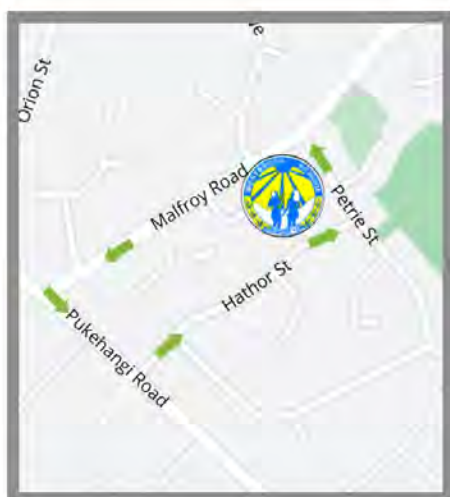
Email us for more info:
office@lakesfc.co.nz

Junior Open Day
March 22
Follow us for more details



www.lakesfc.com

Driving safely near our school



NO
U TURN



NO THREE
POINT
TURNS

Plan your route so you
don't have to
U-turn or 3 point turn on
Malfroy Road.

These movements are
unpredictable and dangerous
for other road users and for our
tamariki on the path.

When using the pick up area please keep moving if:

- There are no spaces available to pull into.
- Your child is not there.



2025 SEASON REGISTRATIONS OPEN!



Do you have a soccer player who would like to play for Westbrook Junior Soccer club in 2025? Come and join our whānau friendly/inclusive club!

Register your expression of interest on our website
westbrookjunior.org



*5th & 6th Grade (4-6 year olds) are listed under First Kicks
7th & 8th Grade (7-8 year olds) are listed under Fun Football
9th - 13th Grades (9-12 year olds) are listed under Mini Football*

2025 SUMMER KICK AROUNDS



AGES:
4-13 years old

WHEN:
Saturday 8th March
&
Saturday 22nd March
From 9.00am to 10.00am

WHERE:
Westbrook Primary School Field
Malfroy Road

Come and have a kick around and get a feel for our whānau friendly club.
We would love to see you all there.

westbrookjunior.org





Taekwondo Term #1, 2025

Join the Olympic Martial Art: Self-Defence & More! 🌟 All new Members Welcome!

Unlock Your Potential

Build awareness, confidence, flexibility, strength, and a respectful mindset through Taekwondo. This incredible martial art is perfect for all ages and helps young individuals

Locations & Schedule:

Session 1: **Mondays:**

Otonga School Hall, Otonga Rd.
Rotorua

Session 2: **Fridays:**

Westbrook School Hall, Malfroy Rd.
Rotorua

- **Time:** 6:30 PM - 7:20 PM (Beginners) & to 8 pm (Adult/colour belts)
 - *Attending: both sessions is highly recommended, but enrolling in one is perfectly fine.*

Contact for More Information!

Email: Taekwondo.Training.m@gmail.com

Text: 02040 797219

VISTAB

Vistab is kindly sponsored by

If your child is late or you wish to sign them out during the day please come to the office to sign them in/out

Westbrook School would like to thank Brad Hill and Teresa McNab from **Hamills Rotorua** for sponsoring the **Vistab** system for the safety and security of our children



FISHING & HUNTING SPECIALISTS

HAMILLS Rotorua

1271 Fenton Street, Rotorua 3010

Ph: 07 348 3147

Email: rotorua@hamillsnz.co.nz

SCHOOL LUNCH OPTIONS



Welcome Back to 2025 PROMO!

**Ten Winners to be drawn this week -
\$10 Lunch Credit each!**

**Buy a lunch this week and be in the
draw to win!**

**All orders this week go in the draw to win a
\$10 lunch credit.**

Ten winners will be drawn.

Terms

Winners will be drawn randomly. Open to all
Lunchonline schools with lunches available between
10th February to 14th February 2025

Kind Regards

Trudi, Susan, Connie & Jeanine



www.lunchonline.co.nz



MISSING LUNCH PROCEDURE

- Normal procedure when there is a problem with lunches is that the child would go to the office as soon as they notice a problem.
- If the food item is not located, we ask the office staff to ring the Lunch Provider.
- The provider will either refund the family or deliver any missed or incorrect lunches to the school immediately. This way the problem can be fixed quickly.
- We appreciate your help in ensuring your children are aware of this process.



Order and pay for lunches online by 8.30am

It's simple all you need to do is register at www.lunchonline.co.nz

LUNCH REMINDERS

Please avoid sending along fizzy drink, lollies and takeaway food in your child's lunch. Leave this as occasional treat foods for at home. Children who eat a healthy lunch are better able to learn and concentrate at school.

If your child does not have lunch, we do run a Lunch Club each day. Children without lunch need to see their teacher for a Lunch Club Pass and then they go to the hall to get a sandwich.

Thank you to Kids Can for providing the spreads for our sandwiches.



SUSHI (Mondays Only)



Supplied by Sushi Bar Haru

Every Monday, sushi is available for lunch and is ordered and paid for on [KINDO](http://www.kindonline.co.nz) or at the school office.

**4 pieces of teriyaki chicken or salmon sushi
\$5.00 a pack**

**Small Chicken Katsu or Teriyaki on Rice
\$5.00**

**Large Katsu or Teriyaki on Rice
\$7.00**

Sushi will be delivered to the classroom with the other lunches.

Parking around the school boundaries

We have some unhappy 'neighbours' around the school boundaries. At times, they are struggling to get INTO their own driveways, particularly around 3pm, as cars are blocking the entrance way. Please remember that cars **MUST NOT be parked within 1 metre either side of a driveway**. We thank you for your respect of others.

Going Home at 3pm

We have a problem at the moment with a number of students returning to school after 3pm, either on bikes, scooters, skateboards etc. The school is a busy place for teachers after school, with meetings going on most days, as well as parent meetings and onsite after school care etc.

We respectfully request that once students go home, that they do not come back until the next day! There is no supervision after school, and we have had some near misses with children on bikes etc.

If your child has a sports practice, they need to go home and come back at the appropriate time.

SEESAW DIGITAL PORTFOLIOS

At Westbrook we use the Seesaw digital portfolio to share your child's learning journey with you. Please take the time to go on to it regularly and view or comment on your child's work. The children love to see their parents taking an interest in what they do at school. Reporting to parents about their child's progress and achievement is also done through Seesaw. If you have not yet joined Seesaw, please do so as soon as possible. Your child's teacher can assist you with this if you need help.



We invite you to visit the SchoolDocs site at <https://westbrook.schooldocs.co.nz>. Our username is "westbrook" and password "pomare". If you wish to review one of our Term 3 review topics, please follow the instructions below.

SchoolDocs Instructions for Reviewers

1. Follow the link to each policy.
2. Read the policy.
3. Click the red Policy Review icon at the right-hand top corner of the page. A new screen will appear.
4. Select your role (board member, staff member, or parent/caregiver) from the drop-down list.
5. Enter your name.
6. Submit your ratings and comments.

If you don't have internet access, the school office staff can easily provide you with printed copies of the policy and the review form.

Term 1 review topics

- Health, Safety, and Welfare Policy
- Safety Management System
- Risk Management
- Worker Engagement, Participation, and Representation
- Healthcare
- Recording and Reporting Accidents, Injuries, and Illness

Westbrook School

Westbrook School

Thanks to the below businesses for sponsoring our school app:







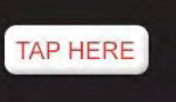


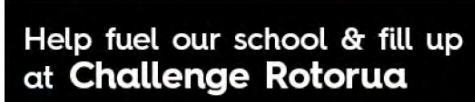


























If you would like to advertise on the Westbrook School Skool Loop App please email Content@skoolloop.com



To download our app: In Google Play & App Store search 'Skool Loop' & choose School once installed.