Roseneath School Newsletter 8 December 2023

Week 9





ROSENEATH SCHOOL

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Tēnā koutou whānau o te kura o Te Wai Hirere

Tēnā koutou, tēnā koutou, tēnā koutou katoa.

Ko Tangi Te Keo te maunga (Mt Victoria is the mountain we look up to)

Ko Te Whanganui a Tara te moana (The Harbour is the sea that calms our spirits)

Ko Te Wai Hirere te kura (Te Wai Hirere is our place to connect, our school)

Kia Ora Roseneath Whānau

End of term events

Although the end of term looms near we still have some important dates in our calendar. Next **Tuesday** Aft and Lower Deck will be exploring the Zoo while the year 8s are scouring the CBD on a scavenger hunt. We have a **festive singalong** on **Thursday starting at 5pm**. Don a Santa hat or reindeer antlers and come along to sing a Christmas song or two. The children will spend the **middle block of Friday in their 2024 classes**. Look out for a special newsletter on Thursday explaining our class organisation for 2024. The last two days will be focused on our **Year 8 leavers**. We have 10 students who have come to the end of their primary schooling and are ready for the next chapter of their education. They have spent time at their respective secondary schools and are looking forward to big changes. We will be looking back over their time with us and wish them well. **Monday night 18 December** is a special **year 8 dinner**, a chance for whānau to celebrate with the year 8s. Then on the last day of school the whole school has an opportunity to wish them well at an assembly that will conclude at **12 noon when students will go home**.

Class of 23! Oliver, James, Henry, Danny, Tama, Louis, Ollie, River, Sam and Reem















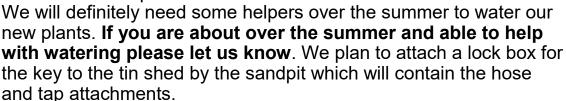






Gardening through the Summer

We really appreciate the parents who are available to do a little weeding and caring for our plants. Please feel free to do so if you have the time to pull a few weeds.





Stolen Gates Update

You will remember that we had two gates stolen from the school grounds. We have had temporary gates installed to maintain the safety of our students. These gates are to be replaced with gates of the correct height. Alan Clifford, a former Roseneath parent, heard of our plight and has made a very generous donation of \$500 towards the replacement of our gates. Thank you for such kindness Alan, it is really appreciated.

After School Sports - Thank you!

A big thank you to parents who have helped manage, coach, transport and support our after school sports teams. We can't do these sports without you.

Christmas Carol Singalong at St Barnabas

This was a lovely evening of carols and stories at St Barnabas Church. We had a great time and I felt very proud of our "choir" of singers from Aft, Lower and Upper Deck. A huge thank you to Ms Malone for leading this group to perform. Everyone looked amazing with their Christmas outfits and bling. It was lovely to catch up with some of the parents of our former parents at the supper that followed the singing. It is so nice to have these links to our wider community and to know we are so well thought of in our community. Merry Christmas.





Roseneath Hoodies for sale

Roseneath Hoodies as modelled at assembly are now available for purchase.

We have limited numbers of each size it will be first in best dressed.

The children's sizes are: size 8 -fits 5-8 year olds and size 10 (sold out)

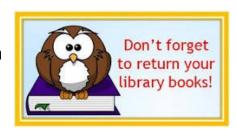
The hoodies for kids are \$55 and for adults \$65

Gaku(6) size 8, Amal (9) size 10 uno (12) size Small Adults Jamie (12) Medium Adults



Library Stocktake

The library is now closed for the year for issues and we ask that you search under beds and in cupboards for any library or other school books that might be hiding at home. There is an amnesty so don't feel bad about dropping off a pile of books - it often happens. We are just happy to have the books returned.



Friends of Roseneath School WhatsApp Group

Did you know that there is a WhatsApp group for Friends of Roseneath School? This is a great way to be kept up to date with Friends events and how you can be involved. Thanks to Alexa for setting this up. We really appreciate all of the work Friends do to help our school events. If you would like to be added to the group please let me know and I will pass on your contact details.

Commemorative Tea Towel

We have created a commemorative tea towel to celebrate our 125th Anniversary. These would make ideal Christmas Gifts. They are available to purchase from the office for \$10 each.

Original artwork by the staff and students!!



Kei runga te koha i te tepu. The gift is **on** the table.

Kei raro te koha i te tepu.

The gift is **under** the table.

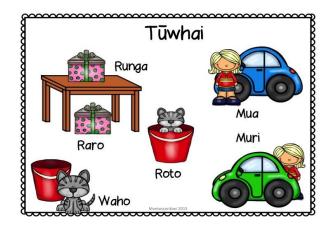
Kei roto te ngeru i te pākete The cat is **in** the bucket.

Kei waho te ngeru i te pākete. The cat is **outside** the bucket.

Kei mua a Mere i te motukā. Mere is **in front** of the car.

Kei muri a Mere i te motukā. Mere is **behind** the car.





Sharing our mahi
Upper Deck - students chose a native bird they have been researching and created an artwork silhouette of them. Can you guess which bird they are?







After making their beautiful collaborative vase of flowers artwork (in centre of the photo), each child in Aft has made their own posy of flowers! Here they are with the artworks, on display in the school hall for the 125th celebration

Emily carden



Ngā manaakitanga Take care of yourselves and each other Jenny Foote and the Roseneath School

TALKING SCRIPTS FOR PARENTS

How to prepare your child for a holiday event.



Important Note: Before talking to your child, check in with yourself. If you feel dysregulated, take deep breaths. It's okay to focus on yourself first. Your state impacts your child more than your words.

Before the Event...

Talk About What to Expect

"Hey sweetie, let's talk about what to expect at Grandma's house tonight so you'll be prepared. All the different members of our family will be there, so it might feel busy and loud."

"Grandma may offer you that food that isn't your favorite. It's ok to say 'no,' but let's practice saying it in a way that's polite and kind. Do you have any ideas of what you can say?"

Let Your Child Ask Questions and Share Concerns

"Is there anything else that you feel unsure about or want to talk through?"

"Ok, I hear you. You're worried that you might feel overwhelmed and need a break, or might forget what to do. I can help you with that."

Create a Game Plan

"How can I support you? Do you want me to come check on you throughout the evening to make sure everything is going ok? Or maybe come up with a special way to let me know that you need to take a break?"



Tip: Loud family gatherings with new, unfamiliar foods and extra stimuli can sometimes cause sensory overload and throw our kids into fight or flight mode. They may need extra care and tools to feel supported during these times.

In the Moment...

Check In With Your Child Periodically

Quietly pulling your child aside: "Hey, how are you doing? Are you feeling good or do you feel like you could use a quick break with me?"

If Your Child Needs a Break

"Hey, I'm noticing you're feeling upset about dessert. Let's go to the other room and take a minute to calm down... Let's practice our box breathing, ok? We can take as much time as we need... Do you want to share what's happening for you? Ok. Thank you for telling me. That makes sense. Let's talk about our plan for what we'll do once we leave this room."



Remember: Your secure presence and the tools that you offer can go a long way in helping your child feel supported in loud, hectic situations.





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Community Notices

CAN YOU HOST AN INTERNATIONAL GERMAN BOY, arriving late January?

The 2024 homestay fee is \$340 per week.

Students needing a Kiwi home are:

Theodor Fischer, aged 16.75, here for term 1 only

Tassilo Heckel, aged 16, here for terms 1 & 2 Ben Sdino, 16, here for terms 1 & 2

We are looking for inclusive, caring and supportive families willing to share your home and Kiwi life with a student. Visiting students want to experience day to day life with a New Zealand family and to feel a part of the family.

Enquiries to:
Prue Isaacs, International Director
homestay@whs.school.nz
021 303 938

04 385 8911 ext 897

