

Pembroke School

24 July 2025

Harlech Street Oamaru

Phone: 437:0931 Cell :027 437 0932



The cold weather has really arrived with frosts most mornings at the moment. However it is warm by the afternoon. Please ensure clothing is named so we can get it back to the owners. Our lost property pile is getting larger. We display all items each Friday so it can be checked after assemblies.

PolvFest

This year, our Pasifika and Kapa Haka groups will be performing in Dunedin. The festival will take place in the first week of September. Actual day and times to be confirmed. To ensure our groups reach a high standard, our Pasifika group will be practising at school on the following Saturdays 11.00 a.m. to 2.00 p.m. 26 July, 2nd August, 16 August, 23 August and 30 August. A note went home with the group members yesterday. Please sign this permission slip and return it to school by tomorrow. Please indicate if there are days your child cannot attend. Thank you for your support.

Board Elections

Every eligible voter/parent should have received an email from our election company. This is reliant on your email address being up to date. If you didn't receive one, please come and check the voter roll, which we have in the office. If you think you might be able to support our school by becoming a Board member, come along to our next meeting, which is this **Monday, 28th July, at 6:30 p.m**. Nominations need to be in by Wednesday, 6th August 2025. Voting papers will be issued by 13th August. If we go to election, the new Board will take over on Wednesday, 17th September.

Cross country

Our School cross country will be held here at school on Wednesday 6th August. A separate note is coming home with details today.

Swimming

Please check and make sure your child has togs on the right day for their swimming lessons. Nga mihi nui

Brent Godfery

Principal

Does Your Child Know How to Call 111?

The absence of landline phones means it is more difficult for children to make calls to the emergency services. Different phones, require different actions, even to get to the screen where the emergency call button is. It is imperative that children are trained in how to do this, on all the cell phones in the house. Children are often alone with just one adult, possibly a grandparent and if they know what to do it might save a life. If they don't, they will be left helpless. Please also talk to them about the Importance of running to a trusted neighbour if assistance is required. Do the test tonight and see if your child can access your phone, starting with a locked screen. Practice this regularly and repetition is the key to any learning.

Kids Boxfit Classes Wednesday □ age 11-16 ~ 4:30pm □ age 7-10 ~ 5:00pm ·Get your Kids active and involved in some fun BOXFIT classes for \$80 per term. For more information contact Natasha May 027 303 0873

Giggle Corner: This weeks joke is from Connor Ferguson

What's the wrong time to reason with a snake?



Emotions

An important reminder to our families. It is very normal for people to experience a vast range of emotions. Sadness, Happiness, Anger and worry to name a few. At times we can label this "Anxiety". However, this is such a negative thought process and can really stick with a child's image of themselves. They may be feeling worried at a particular time, but try to tell them/their brain what it needs to hear and believe. "Its ok to feel worried, scared, angry. You are o.k. You are brave."

Reassurance is more powerful than Labelling. Words are very powerful.

> NEXT CHAPTER PARENTING offering Individual, or group, PARENTING SESSIONS

via Zoom. Eight one hourly sessions, weekly at a time convenient to you, available evenings.

Topics covered include Communication, Empathy, Setting Limits, Quality Time, Consequences, Choices, Redirection, Pick your battles with your child, Problem Behaviour, Praise vs Acknowledgement, Time In vs Time Out, The Pause, Erickson's Stages of Growth, Personality Types and how it affects your chil-

dren: brigid@nextchapterparenting.co.nz

Sausage Sizzle

Every Wednesday our year 6 students will be doing their sausage Sizzle. These are \$2 each. Please place your orders in the hall before 9 am. Best thing ever on a cold day!!

When its throwing a hissy fit!!

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SCHOOL LUNCHES ALL YOUR CHILD NEEDS IS A DRINK AND MORNING TEA

Thankyou Pozzobon's





Happy Birthday to Eva Curry, Vaaia Lolesi, Vita Schobs & Gavin Taal We hope you all have a fabulous birthday!!!

WINTER SPORTS

Thank you to those who have paid their sports fees. For those who haven't, please pay as soon as possible as they are already heavily subsidized by the school.

Netball

Continues this term for 6 weeks. Draw is up on our facebook page weekly.

Miniball

Continues this term. Draw available on Seesaw each week.

SWIMMING

Swimming starts again next week.

Monday-Rooms 5 & 9 Tuesday-Rooms 1, 2 & 11 Wednesday—Rooms 4, 10 & 12

Thursday—Rooms 3 & 7 Friday-Rooms 6 & 8

REMEMBER YOUR TOGS & TOWEL





Save the Date Wednesday 6 August School Cross Country

Free Nurse Led Clinics

If you are having trouble getting into the Doctor there is a free Nurse Led Clinic held at 23 Coquet Street on Thursdays. For more info please contact them on 0800 0800 07 email: in-

fo@tehaomaru.co.nz Website: www.tehaomaru.co.nz



STUDENTS OF THE WEEK

Room 1 - Mia Janardan

Room 2 - Abhijot Maan

Room 3 - Jed Mallinson

Room 4 - Alexah Eliesa

Room 5 - Summer Murdoch

Room 6 - Asotele Tekau

Room 7 - Jack Tamatoa

Room 8 - Emily Murdoch

Room 9 - Rosella de Wit

Room 10 - Aisha Janardan

Room 11 - Lincoln Welsh

Room 12 - Aya Hipayo

Caught being good: Losalini & Tua

Tawaketini



Social Worker in Schools

Did you know we have a Social worker here at Pembroke School? Natasha is at our school most days. If you would like to see Natasha or organize for your child to see her she can be contacted on 0274046211



Thank you for Supporting our Children.

