



WELLNESS GUIDE

IF YOUR CHILD IS UNWELL - PLEASE KEEP THEM HOME





Please keep your child home if: -

- They have had any pain relief medication, Pamol/Nurofen in the morning before attending the centre (these medications mask symptoms but do not get rid of infection that will spread)
- A fever of 38 or above
- A consistent cough
- A continuous runny nose
- A sore throat or swollen glands
- Diarrhea or vomiting
- Unusually tired or lethargic
- Undiagnosed rash
- Unusual skin colour
- Uncovered sores
- Discharge from eyes

Your child is ok to come in and play if they are: -

• Active, playful and rested!





TOTARA NORTH EARLY CHILDHOOD CENTRE

32 School Road RD2 Kaeo 0479 tnecc@xtra.co.nz (09) 405 1057

15th May 2025

Kia Ora Whānau,

I am writing to inform you that as of Monday 16^{th} June 2025 we will be increasing our hourly childcare rate from \$6.38 to \$6.52 due to the ever rising increase of day-to-day running costs incurred at our non-profit community based centre.

If you require any further information, please do not hesitate to contact me.

Yours Sincerely,

Colleen Sherwin

Manager/Head Teacher

Totara North Early Childhood Centre