

Matamata Intermediate

15th June 2023

Teenaa Taatou e te whaanau

Last week, I was fortunate to attend a conference focused specifically on education for Year 7-10. There were some strong themes that came through around the challenges and focus for our young people. These include:

- Technology overload
- Economic challenges
- Mental health concerns
- Social media
- Global uncertainty
- Academic pressures
- Challenges relating to identity, diversity and acceptance

That is quite a list for an 11-13 year old brain to cope with, so how do we, as the adults in their lives, support them to be confident, connected young people?

The key messages are around walking alongside them to help them build resilience and an understanding of what happiness actually means. Emotions are important and allowing our children to understand this is key. Research indicates that the top 3 'killers' of happiness are: Comparing ourselves to others, a lack of close friendships and holding onto resentment.

We are not 'happy' all of the time but we can do specific things to feel more resilient and 'happy'. These include - having new experiences, helping others, being grateful and the ability to maintain healthy friendships.

As we finally have some sunshine on these beautiful frosty mornings, our goal is to help our students flourish which I know is what brings us happiness in our privileged role of teachers.

Maa te waa Debbie Currie

IMPORTANT DATES

Thursday 15th June - Inter-Intermediate Chess

Tuesday 20th June -Inter-Intermediate 1st XV

Monday 26th - Friday 30th June

Winter Olympics

Tuesday 27th June -

Inter-Intermediate Basketball

Friday 30th June -

Matariki Celebration

Friday 30th June -End of Term 2

Monday 17th July -Start of Term 3

VISUAL ARTS DAY













Today 11 students travelled to Hamilton Junior High to take part in an inter school Visual Arts day. There was lots of fantastic creating and learning around acrylic painting, printing, mixed media, drawing and dried flowers, quilling and mosaics.

INTER - INTERMEDIATE FUTSAL







Another great day for our sports stars yesterday competing at Inter Intermediate Futsal. Girls lost 3 games (including 2 nail biters) and won 1 game. Boys won 2 games and lost 2 games. Both teams ended up 5th. Thanks to all our parent supporters

STUDENT ACHIEVEMENTS

Lance Cope a Year 7 student in Room 9 starred in season 4 episode 5 of TVNZ "I Am series" as young Micheal in Michael's story. This adds to his recent musical performance at the Matamata Musical Theatre earlier in the year. He has previously starred in movies in Singapore and hopes to do more in New Zealand television in the future. Ka rawe Lance!







POETRY

Poetry semis will be on Wednesday, with the top year 7 and 8 students from each class to read their poem with the aim to get into the finals held on Friday of next week - Week 9.

PERIOD PRODUCTS

The Ministry of Education has rolled out an initiative that provides all our girls, who require them, with period products. With the increasing cost of living and pressures on households, we would like to offer this initiative to our community. The tricky part is the girls accessing the products. At the moment, they are able to come to the office and collect a bag but not many are accessing this. We will hold an assembly before the end of the term and talk to the girls and make them aware they are able to collect sufficient product,

each month, to both use at school and take home.

GIRLS SELF DEFENCE

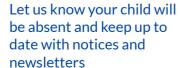
Our year 8 girls have had the pleasure of working with Mel to cover a range of physical techniques, reinforce assertion and boundary setting skills, verbal techniques, self confidence and much more. This is the 2nd year we have had Mel come to our school with all her knowledge and useful skills.































To celebrate International Languages Week we have been really lucky to have the support of our community. Today, we were able to have Frenzy, from Food Trip, and Miyuki, from Taste of Japan, come in and share some flavours of their homelands. We made the national dish of the Phillipines, Adobo, and Japanese okonomiyaki. The kids were amazing prepping food so that everyone could experience these amazing flavours! Also shout out to Graham Hornsey from Matamata Butchery for the use of his big BBQ.













As this term draws to a close Nau mai Haere mai To celebrate our learning journey so far And the coming new year

You are invited to join us on Friday 30th of June for Lunchtime Soups and Performances Afternoon Games and Activities

Further details to come in your classroom communications

Mānawatia a Matariki



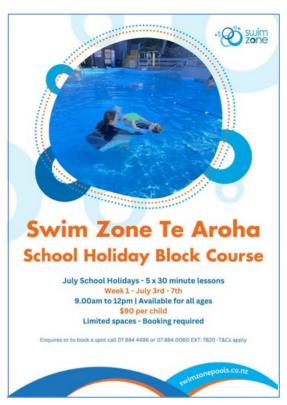
Tackling Bullying

A guide for parents and whānau

There is some great information here in regards to bullying. What is it, what to look out for, talking to your child about bullying, working with your school and steps to take.

Take some time to have a read through and pull out some great tips.







READING GHALLENGES let the journey begin!

each day we will be having an activity relating to one of the stars of Matariki.

Matariki winter reading challenge: Check it out here: Beanstack: Reading Challenges and **Personalized Recommendations**