

Tongariro School Newsletter

Term 2 – Week 3



**Tumuaki Kōrero
Tēnā koutou katoa,**

It's been a wonderful start to Term 2 across our kura. The energy from our ākonga is inspiring, and I continue to be impressed by the way they step up to challenges, support each other, and take pride in their learning. There is a real sense of kotahitanga and momentum building this term.

I'd like to take a moment to acknowledge our incredible support staff during Support Staff Week. From classroom support to office admin, caretaking, and kaiāwhina roles – our support staff are essential to the smooth running of our school and the wellbeing of our students. Ngā mihi nui ki a koutou – we appreciate you every day!

Next week we also celebrate Youth Week, which is all about recognising the strengths and contributions of our young people. We're excited to welcome the REAL team on Wednesday 21st May to lead some fun and engaging activities for our ākonga – it's shaping up to be a great day.

Our senior students will be heading to Waikato University on Friday 23rd May for Open Day – a valuable opportunity to explore study options and life at university. Meanwhile, Year 7–10 students are preparing for an exciting science-based visit to Craters of the Moon on Thursday 29th May.

Term 2 always moves quickly, and we encourage all students to stay engaged and attend regularly – every day counts. Thank you to all our whānau and community members who continue to support our kaupapa.

**Ngā manaakitanga,
Sharlyn Holt
Tumuaki | Principal**



Featured Upcoming Events

👏 Support Staff Week – This Week

A huge thank you to our amazing support staff. Your mahi behind the scenes and alongside our kaiako makes a world of difference every day.

📅 CAA Exams – Week 4

Senior students may be sitting their CAA exams this term. Parents and whānau – please check in with your child to ensure they know whether they're entered and how to log in. If unsure, don't hesitate to contact their subject teacher directly.

🧠 Youth Week – Wednesday 21st May

The REAL team will be on site running fun and meaningful activities for our ākonga. Let's get involved and celebrate our rangatahi!

🎓 Waikato University Open Day – Friday 23rd May

Senior students will have the chance to explore campus life, connect with staff and students, and learn more about the courses on offer.

🔧 Te Wānanga o Aotearoa Construction Course – Week 5

We're pleased to welcome back the construction course next week, offering real-world learning and pathways for our ākonga.

🌋 Craters of the Moon Trip – Thursday 29th May

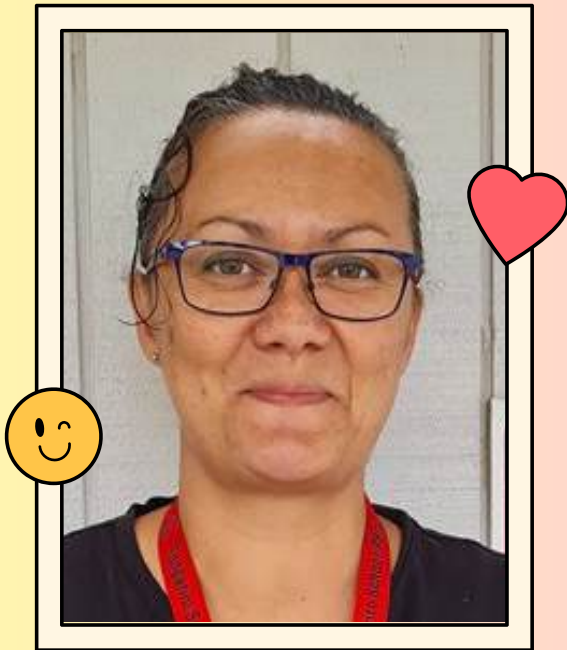
Year 7–10 students will visit this geothermal wonder as part of our science learning programme – more details to come home soon.

Nau mai, haere mai ki tō tātou kura!

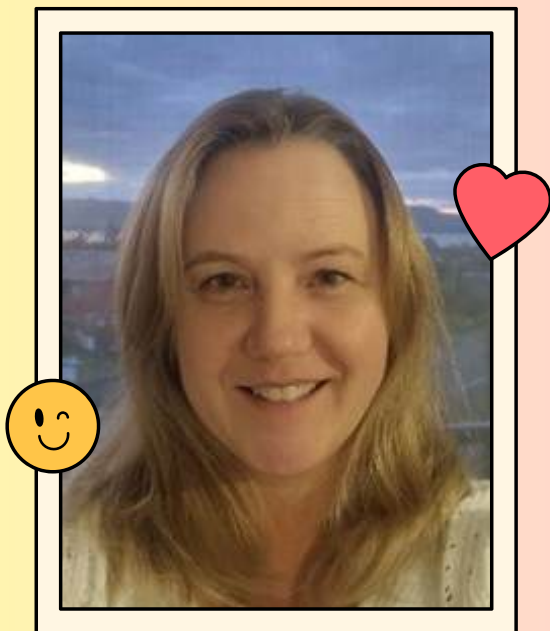
This term we welcome two kaiako to Tongariro School.

**Michelle Dewes is working in the year 4 - 6 team
in Room 8 and**

Lisa Pellowe joins our year 1-3 team in Room 7.

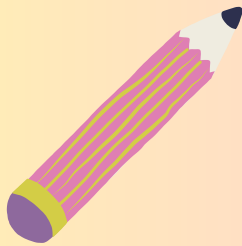


I am very excited to be home after
teaching abroad for 2 years.
There's no place like home and I'm
very excited to see what this year will
bring.



I am very excited to be joining the
team and am looking forward to
the challenge. I have been a junior
school teacher for 18 years.

Junior Awards Assembly



Crazy Hair Day for the End of Term 1



Room 3 have been learning about objects in space (e.g. the sun). We looked at some pictures and had to decide whether we might see the object in the sky (Ranginui) or on the ground (Papatuanuku). We have learnt that the sun gives us light and warmth. It also makes shadows. We stood still while a partner drew around our shadow.



Our Kura Waka Transport Service has started. Our amazing “Mariana Beauchamp” is our Driver



NCEA - Literacy and Numeracy Co-requisite Student/Whanau Information



What is NCEA?

NCEA stands for National Certificate of Educational Achievement

This starts in Year 11

There are 3 Certificates to gain NCEA Level 1, 2 and 3

You must get 60 credits + 10 credits of literacy and 10 credits of numeracy

You cannot gain NCEA without passing your literacy and numeracy

Credits come from unit or achievement standards you complete in class or in an exam

You can get either a not achieved grade, achieved, merit or excellence grade

These qualifications are recognised by employers, tertiary providers, and other pathways including trades and apprenticeships

What is Literacy and Numeracy and how do I get this?

Literacy is being able to read, write and understand language.

Numeracy is the ability to understand and use mathematics and statistics.

enables access to further learning, develops important life skills, and allows people to fully engage in work and in their communities.

From Year 9 you will be learning literacy and numeracy and this will prepare you to sit an exam when you are ready

Ready means that you have learnt all the skills and can use and apply these to solve problems - your teacher can tell you if you are ready and what you need to do to get better

You can sit this exam from **Year 9 onwards**

There are 2 opportunities each year to gain your literacy and numeracy credits

Literacy reading - 5 credits

Literacy writing - 5 credits

Numeracy 10 credits

You can use headphones for the Literacy writing and Numeracy to hear the questions and you may use a calculator in the numeracy exam



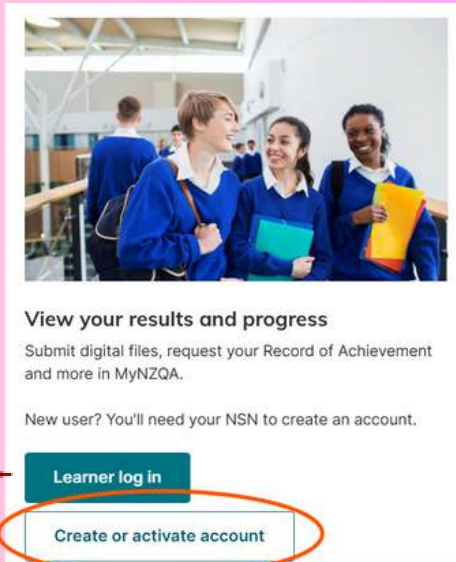
What to do if you are ready to sit the literacy and/or numeracy exam - CAA (common assessment activity)?

Start preparing for the CAA by:

Getting your NZQA login

Create your log in [here](https://www2.nzqa.govt.nz/login/)

<https://www2.nzqa.govt.nz/login/>



- You will need your NSN (national student number) - your teacher will give this to you

Practising how to log in

Watch this [video and practice an online test](https://www2.nzqa.govt.nz/ncea/external-assessment/about-digital-external-assessment/preparation-for-students/)

(<https://www2.nzqa.govt.nz/ncea/external-assessment/about-digital-external-assessment/preparation-for-students/>)

Ask your teacher how you can make improvements so you are successful

Practising reading, writing and using numbers will help to improve your skills for school and daily life.

Practise past exam papers - you can get these from this

[Website](https://www2.nzqa.govt.nz/ncea/subjects/past-exams-and-exemplars/litnum/) (<https://www2.nzqa.govt.nz/ncea/subjects/past-exams-and-exemplars/litnum/> or ask your teacher to print them out for you)

What happens after the CAA?

It takes about 6 weeks for the results to come out

If you pass you get the credits

If you don't pass that is OK, your teachers will print out the feedback form to help you make improvements and you can try again later in the year or next year

How can whanau help at home?

Talk to their school and their teachers. You could ask about ways to improve their literacy and numeracy skills, how they are assessing the co-requisite, and the ways they recommend supporting your child at home. Look for opportunities to practice those skills at home. Practising reading, writing, and maths can help them develop the skills they need to achieve the co-requisite. You can find practice assessments here: Preparing for the NCEA co-requisite. Help them practise using online assessments. Past exams and practice tests can help them get comfortable with the co-requisite, so that they feel confident and prepared for their assessment at school.

CAA - Literacy and Numeracy Co-requisites

Week 4 - Come to the Science Room

	Tuesday 20th May	Wednesday 21st May	Thursday 22nd May
Period 1 and 2	Reading CAA	Numeracy CAA	Writing CAA

Week 5 - Services and Catch ups - Come to the Science Room

	Tuesday 27th May	Wednesday 28th May	Thursday 29th May
Period 1 and 2	Reading CAA	Numeracy CAA	Writing CAA

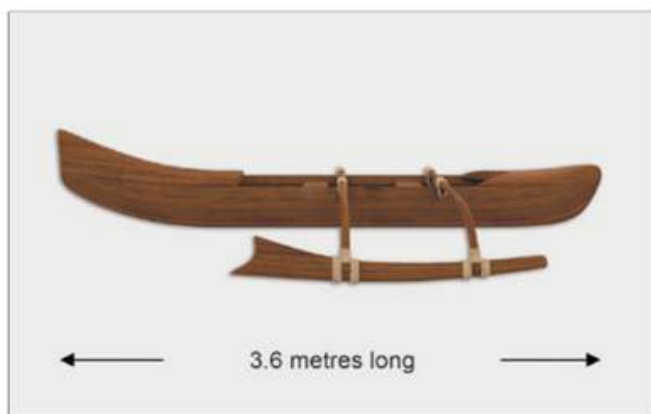
Have a go at these literacy and numeracy assessment questions with your child:

Vaka and waka are Polynesian words for boat.

A vaka is 22 metres long. A small outrigger canoe is 3.6 metres long.



Vaka (waka)

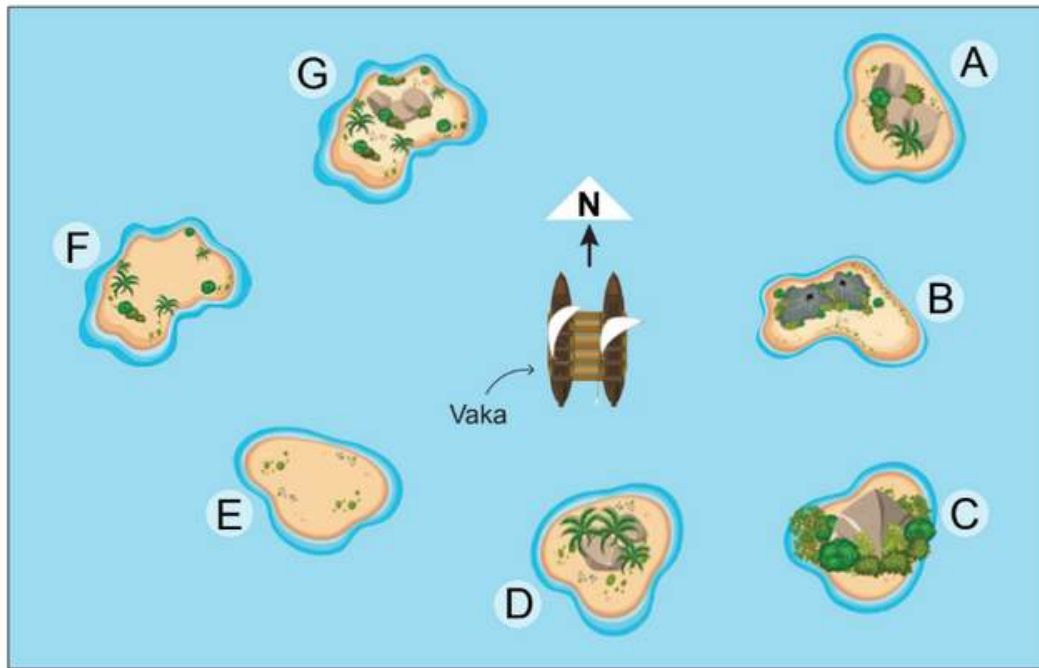


Small outrigger canoe

(c) How many times longer is the vaka than the small outrigger canoe?

_____ times longer

The vaka is facing north.



Vaka surrounded by seven small islands

- (e) Which island does the vaka face if it turns 135° clockwise without moving forward?
Select (✓) your answer from the choices below.

A	B	C	D	E	F	G
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- (e) Which word completes the following sentence?

We need to work more quickly because _____ running out of time.

- ☐ wear
- ☐ we're
- ☐ were
- ☐ where

- (f) Which sentence is correct?

- ☐ Your so good at writing you're own songs.
- ☐ You're so good at writing you're own songs.
- ☐ You're so good at writing your own songs.
- ☐ Your so good at writing your own songs.

(g) Which word completes the following sentence?

I did not go to work today _____ I was too ill to get up.

- ☐ so
- ☐ but
- ☐ because
- ☐ although

(h) Which sentence is correct?

- ☐ While, they were washing the dishes, they practised singing the song for the concert.
- ☐ While they were washing, the dishes, they practised singing the song for the concert.
- ☐ While they were washing the dishes, they practised singing the song for the concert.
- ☐ While they were washing the dishes, they practised singing, the song for the concert.



Rongohia te Hau Whānau Voice Survey

Last term we sent out a survey to gather Whānau voice. By sharing your thoughts, you help Tongariro School make informed, strategic decisions that support your tamaiti.

The feedback we received will help us understand what we're doing well as a school, and where we can improve.

Thank you to all those who completed the survey.

The winner of the \$100 New World voucher is:

Sharon Rowe



Dear Parents and Caregivers

We are pleased to let you know the school dental clinic will reopen from Monday 12th May.

The service will provide dental care to students during school hours, helping to support their overall health and wellbeing.

We are also happy to welcome a third year AUT Auckland University Dental student who will be with us for 3 weeks to complete their required work experience. The student will be working under close supervision of a qualified registered Dental Therapist and assisting with routine check-ups and treatments. Consent forms regarding this will be sent out to the allocated children.

Also a reminder that all year 9 - 13 students are entitled to free dental care up to the age of 18 years. We recommend that you contact a dentist that provides this service and take advantage of this free service.

If you have any questions or concerns, please call in to see us or contact us on 027 200 4379.

Thank you for your continued support

Dental Team

Darlene Katuke

Registered Dental Therapist

Community Oral Health Service

Tongariro School

waea pūkoro: 07 3868690 | imēra: Darlene.katuke@lakesdhb.govt.nz



Tongariro School Board Elections

10th September 2025



Get on board!

**Nominate yourself or someone you know
to be a school board member**



Contact us:
administration@tongariro.school.nz

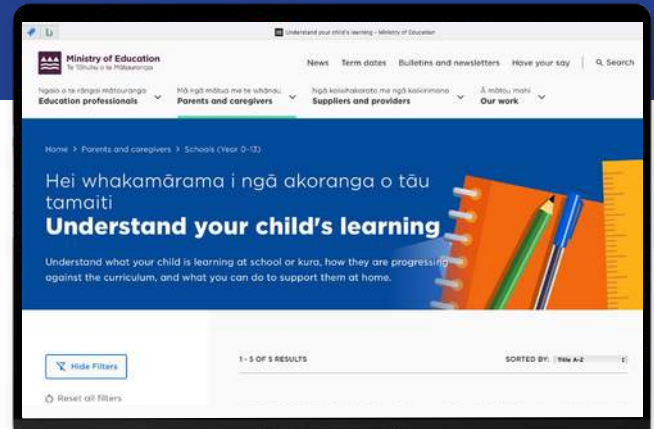
Understand your child's learning

Information and resources for parents, caregivers and whānau

A new webspace on [education.govt.nz](https://www.education.govt.nz) houses practical videos, activities and resources for supporting learning that are easy to understand, empowering you to take an active role in your child's education.

An introductory video that walks you through the content is available [here](#).

With the launch of the 'parent-friendly' versions of both our national curricula, you will know exactly what your child is learning, why it's important, and when they'll be learning it, so that you can actively support and complement your child's learning at home and have meaningful conversations with your child's teacher or kaiako.



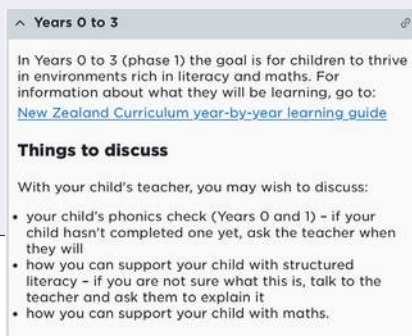
To navigate the website, you can choose which curriculum you want to learn more about and then go to your child's year level.



There are practice activities for each year level that you can do with your child, and 'tips and tricks' to support learning at home. Phonics cards come with parent guidance with audio files to model the correct sounds.



There is also a guide on how to prepare for the first day of school, and tips for parent-teacher interviews.



The webspace also houses important information about how children will be assessed in the early years of schooling through the new Phonics Checks and Hihira Weteoro. It describes how parents and whānau can access additional support that their child or tamaiti might need.



As the national curriculum continues to be updated and implemented in all schools and kura over the next few years, more resources and supports will become available for parents, caregivers and whānau. We encourage you to visit the new webspace and check out the current resources, guides and videos available. If you have any feedback or suggestions, please email us at tepoutahu.engagement@education.govt.nz

FOR HIRE BABY CAPSULES

Enquire
Here



Child CAR SEAT Safety

KEEP Your
Children SAFE



W I S E U P 2

W A T ' S U P

NAU MAI, HAERE MAI!

WHANAU ACCESS TO SERVICES

Raising community awareness of
"hauora" services locally
available

INTERACTIVE
WORKSHOPS

FREE
BBQ

SPOT
PRIZES



10AM-2PM

FRIDAY 30TH MAY, 2025



TURANGI TOWN CENTRE

Presented by the collective:



The Process



Get Informed

We will make phone contact to discuss your referral to make sure that Anamata is the best service for your needs.



Get Consent: If you're under 16 years of age:

We will touch base with your parents/guardians to introduce ourselves. We won't talk about the content of our sessions (except if there is safety concerns).



Meet each other

The first session involves getting to know you, identifying your main concerns and what you would like to get out of meeting with us- what are your goals?



Meet Regularly

Mental Health Clinicians usually meet people once a week, and sessions are usually about 45-55 minutes each.

Most people meet with us for up to six sessions, depending on their needs.

Service Guidelines

As part of our funding Anamata is required to provide non identifiable data about participants who use our service for Accountability, Monitoring and research purposes.

If you have a complaint, concern or feedback about our service please tell us. This helps us make our service better. Your comments will be taken seriously.

Most Anamata staff work part-time, so we can usually only see you at your scheduled time. Staff mobiles are for appointment texts only and are off when we're not working.

Support Services

If you need support outside of our appointments here are some great numbers:

Youthline – Free text 234 or call 0800 37 66 33 (24/7)

What's Up? – Call 0800 942 8787 (11am-11pm) or use the online chat at whatsapp.co.nz

Acute Response Team – 24/7 mental health crisis support: 0800 166 167

1737 – Free text/ call to talk to a trained counsellor (24/7).



ANAMATA Well-Being Services

| www.anamata.org.nz |

| 152 Spa Road |

| Wellbeing@anamata.org.nz |

| 0800 26 26 2682 |

About Us

Anamata is a youth one-stop shop.

We offer physical health services, mental health services, sexual health services, and rainbow youth groups—free for 12–24-year-olds.

Anamata is a charitable trust that has operated for over 30 years in the Taupō/Tūrangi District.

Our mission: Enabling young people and their whānau to lead vibrant and healthy lives.

Understanding Primary Mental Health

What is primary mental health?

Primary mental health services are designed to address mental health concerns that are not severe and don't require specialized, intensive care.

The goal is to identify and address mental health issues early on to prevent them from escalating into more serious problems.

Focus areas of primary mental health

- Depression – Mild to moderate symptoms.
- Anxiety – Including generalized anxiety and related disorders.
- Substance Use – Mild substance misuse or addiction.
- Eating Disorders – Mild concerns.
- Emotional Regulation – Building skills to manage emotions.
- Family Stress – Improving communication and reducing conflict.
- Wellbeing – Supporting overall mental health and resilience.
- Healthy Relationships – Promoting safe, positive connections.
- Training & Education – For individuals and whānau.

Primary Mental Health Exclusions

Sexual Abuse
Violence and Anger
Intellectual Disability (including Post-head injury) with or without behavioral problems
Learning Difficulties
Criminal activities (anti-social behaviors)
Conduct Disorder
Parenting Difficulties

Confidentiality

Anamata follows the Privacy Act 2020 and the Health Information Privacy Code 2020 to ensure your personal information is collected, stored, used, and shared securely.

What you tell us is **CONFIDENTIAL**.

We won't share your information outside of Anamata without your permission—unless there's a risk of harm to you or others. In that case, we'll inform you and, if you're under 16, we may involve your parent or guardian.

Team-based care: Sometimes, we discuss your care within our team to ensure you receive the best support. These conversations stay within Anamata unless there are safety concerns.

If you were referred to us, we **may inform the referrer** that we're working with you, and possibly when we finish.

We take all steps to protect your privacy and confidentiality.

You have the **right to access or correct** your information. Just speak with an Anamata manager to find out how.

Our Well-Being Services



We use psychological brief interventions, often called talking therapies, to help you manage and cope with whatever maybe a problem for you.



We also provide Youth Workers to mentor and support you through your journey,



These are specific therapies that can help you solve problems and look at different ways of thinking, feeling and behaving.



We support you to learn new ways to help yourself.

Often this involves you trying out strategies between sessions to build on ideas discussed or strategies practiced.



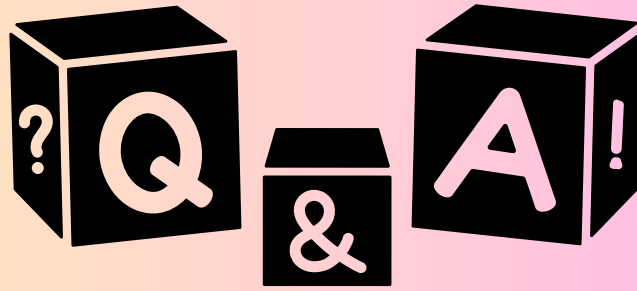
Road 
Safety
Week

12-18
May
2025

www.roadsafetyweek.org.nz
[@brakenewzealand](#) [#RoadSafetyWeek](#)

Organised bySponsored by





**Answers to the literacy and numeracy questions on
pages 8, 9 and 10**

How many times longer is the vaka
than the smaller outrigger canoe/
 $2.2 \div 3.6 = 6.1$ (or any answer between
6.0-6.1)

Which island does the vaka face if it
turns 135 o clockwise?
The answer is C

(e) we're

(f) You're so good at writing your own
songs

(g) because

(h) While they were washing the
dishes, they practised singing the
song for the concert

