

ATHLETICS CHAMPIONSHIPS 2026

SCHOOL INFORMATION & COMPETITION HANDBOOK

EVENT DATE	VENUE
Thursday 26 November 2026	Porritt Stadium, 78 Crosby Road, Chartwell, Hamilton

Years 7 & 8 | No postponement day scheduled

ENTRIES DUE VIA ATHLETIC.NET: 20 November 2026

Prepared for WFPSA member schools, team managers, athletes and event officials.

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01 Event information and school responsibilities

TIME	ACTIVITY
9:15 am	Officials assemble and receive a briefing
9:20 am	Teams assemble for the official welcome
9:45 am	Track and field competition begins

This championship is for Year 7 and Year 8 pupils only. Schools are encouraged to conduct their own athletics days using these competition rules where practicable.

School supervision

- Each school must provide appropriate adult supervision for all athletes throughout the day and between events.
- Age-group supervisors should be clearly identifiable by wearing a high-visibility vest.
- Team managers must ensure athletes attend their events on time.
- Schools are expected to help maintain safe and respectful behaviour among athletes and spectators.

What schools should bring:

- A school first aid kit; tarpaulins or ground coverings for athletes to sit on.
- A marquee or gazebo where possible — shade at the stadium is limited.
- Drinking water, sun protection, hats, sunscreen, warm clothing and appropriate footwear.

Restricted areas

Only authorised officials, marshals and competing athletes may enter the central track and designated competition areas. Spectators must remain outside restricted areas unless permitted by event management.

02 Entries, eligibility and qualifying standards

Membership and entry

- Schools must be paid WFPSA members to enter the championship.
- A school team manager, designated contact person and telephone number must be supplied.
- Each school must submit its Intention to Enter Form by the confirmed deadline.
- Athletes must be correctly entered or registered in the approved competition system and report to their scheduled events as instructed.

Qualifying standards

High jump qualifying standards must be strictly met. For other listed events, selectors should apply WFPSA's agreed eligibility policy consistently.

DIVISION	1500m	HIGH JUMP	LONG JUMP	SHOT PUT	DISCUS
Year 7 Girls	5:45	1.15m	3.20m	6.50m	16.00m
Year 7 Boys	5:30	1.25m	3.90m	8.00m	21.00m
Year 8 Girls	5:40	1.20m	3.45m	7.00m	18.00m
Year 8 Boys	5:20	1.30m	4.15m	9.00m	26.00m

Implement weights

EVENT	DIVISIONS	WEIGHT
Shot put	All divisions	3 kg
Discus	Year 7 Girls, Year 7 Boys and Year 8 Girls	750 g
Discus	Year 8 Boys	1 kg

Official allocations

NUMBER OF ATHLETES	REQUIRED SCHOOL OFFICIALS
1–3	No officials required
4–20	2 officials
21 or more	3 officials

Officials are essential for safe and efficient delivery. Schools must provide the required number when submitting their Intention to Enter Form.

How to enter

ATHLETIC.NET ONLINE ENTRIES

Schools must enter their own athletes directly into Athletic.net. This reduces double handling and entry errors, and supports electronic timing and live results. Each school or cluster must nominate a team administrator.

Step 1 – Request Administrator Access

How to become an administrator:

1. Visit the Teams Page: (click here)
2. **Find** your school/team and click on its name.
3. Scroll down until you see the box labelled **Coaches and Admins**.
4. Click the blue button labelled Request Addition.
5. If you do not already have an Athletic.net account, you will need to create one. **Click Sign** in to Use this Tool, followed by **Create Account**.
6. The following YouTube tutorial will help you through the account setup process. Some screens may look slightly different, but the general steps remain the same.
7. **Account Setup Tutorial:** https://www.youtube.com/watch?v=eOglJOuoDWowIl
8. Once your account has been created, you may need to return to the Teams Page and repeat steps 1–3 to request administrator access.

IMPORTANT: Once you have successfully linked yourself to your school/team, please email me with:

- Your email address used for Athletic.net
- Your school/team name

*AthleticNet (*mark@maharris.co.nz*) will then review your administrator request and approve your access as needed. You will not be able to enter your team until you have been approved.*

Step 2 | Enter Your Athletes

Once your administrator access has been approved, you can begin entering your athletes into the 2027 competition.

Athlete Entry Tutorial: https://www.youtube.com/watch?v=w_yc6ymi0n0

Please watch this video before beginning your entries. Remember to enter into 2027 event.

Add all the requested details; please ensure the date of birth is correct. When selecting their division, Grade 7 is Year 7 and Grade 8 is Year 8.

IMPORTANT ATHLETIC.NET EVENT LINKS

The following links will be useful for schools:

- **Teams Page:** (click here)
  - Find your school and request administrator access.
- **Registration Page:** (click here)
  - Once your school has an approved administrator, use this page to register athletes for their events.
- **Entries Page:** (click here)
  - Once entries have been loaded, schools will be able to view the competition entries.
- **Event Programme:** (click here)
  - View the programme of events and scheduled competition times.

Electronic Timing & Live Results

Electronic timing improves accuracy. Results will be recorded through Athletic.net, with live results for schools and supporters, less manual paperwork and reduced volunteer timekeeping.

Questions? Contact Amy: admin@taumarunui-yct.com



03 Competition conditions and school competition

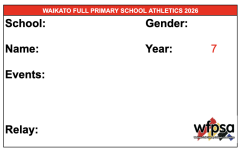
General participation rules

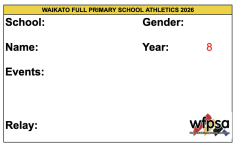
- An athlete may enter no more than **two track** and **two field** events.
- Athletes must compete in their own year group.
- Relay races do not count towards the two-track-event limit.
- Schools may enter a maximum of two athletes per event per year-group division. Entries exceeding this limit may lead to disqualification.
- All competitors must wear official school uniform.
- Each athlete must wear or carry a clearly identifiable name sticker or tag using the required template.

Name tags and templates

Year 7 name tag template: [CLICK HERE]

Year 8 name tag template: [CLICK HERE]





Event reporting and priority

Track events take precedence over field events. When an athlete has competing commitments, they must first report to their field event recorder or official to check in, then attend the track event. They must return promptly to complete the field event. Athletes are not individually called; team managers must manage their whereabouts.

For long jump, shot put and discus, competitors receive two initial attempts. The top eight after two rounds receive two further attempts. High jump uses its own attempt and progression rules.

Relays

Schools are welcome to combine athletes from different schools to form relay teams where they do not have enough relay runners.

However, please be aware of the following:

- Athletic.net can only record a relay team under one school.
- Where schools combine, the relay team will be entered under the school providing the majority of runners.
- If there is an equal number of runners from each school, the schools involved will need to agree on which school the team will be registered under.
- All 4 × 100 m relay teams must consist of four runners.

School Competition: Schools are divided into three divisions depending on the TOTAL roll of the school. Points are awarded for each placing achieved by an athlete from 1st to 4th (5, 3, 2 and 1 point, respectively). The points are totalled.

DIVISION	SCHOOL ROLL
Division 1	Fewer than 101 pupils
Division 2	101–300 pupils
Division 3	301 pupils and above

FAIR COMPETITION: Schools are expected to enter athletes honestly and comply with competition rules. Non-compliance may result in an athlete or team being disqualified or prevented from competing.

Leaving for a Track Event

- Athletes who need to leave the high jump competition to participate in a track event must advise the event official before leaving.
- Upon returning, athletes must rejoin the competition at the height currently being contested. Previously completed heights will not be revisited.
- Officials will make reasonable efforts to minimise clashes between track and field events wherever practicable.

04 Programme of events

The track list follows the existing event order. Field rotations are scheduled at the times shown.

TRACK	FIELD
100m – 9:45 am	**9:45 am**
Year 7 Girls' 100m Year 7 Boys' 100m Year 8 Girls' 100m Year 8 Boys' 100m	Year 7 Girls' High Jump Year 7 Boys' Long Jump Year 8 Girls' Discus Year 8 Boys' Shot Put
100m FINALS (top-eight final) – 10:30 am	
800m – 10:45 am	**10:45 am**
Year 7 Boys' 800m Final Year 8 Girls' 800m Final Year 8 Boys' 800m Final Year 7 Girls' 800m Final	Year 7 Girls' Shot Put Year 7 Boys' High Jump Year 8 Girls' Long Jump Year 8 Boys' Discus
200m – 11:45 am	**11:45 am**
Year 8 Boys' 200m Year 7 Girls' 200m Year 7 Boys' 200m Year 8 Girls' 200m	Year 7 Girls' Discus Year 7 Boys' Shot Put Year 8 Girls' High Jump Year 8 Boys' Long Jump
200m FINALS (top-eight final) – 12:15 pm	
1500m – 12:45 pm	**12:45 pm**
Year 7 Girls' 1500m Final Year 7 Boys' 1500m Final Year 8 Girls' 1500m Final Year 8 Boys' 1500m Final	Year 7 Girls' Long Jump Year 7 Boys' Discus Year 8 Girls' Shot Put Year 8 Boys' High Jump
RELAYS – 1:30 pm	
Year 7 Girls' Relay Final Year 7 Boys' Relay Final Year 8 Girls' Relay Final Year 8 Boys' Relay Final	

Movement between events

Event controllers should keep groups together until the authorised changeover signal. An air horn will be used as the signal aswell an an announcement for rotations.

05 School team worksheet — Year 7

School: _____ **Team manager:** _____

For school planning only.

EVENT / ENTRY	GIRLS	BOYS
100m — 1		
100m — 2		
200m — 1		
200m — 2		
800m — 1		
800m — 2		
1500m — 1		
1500m — 2		
High Jump — 1		
High Jump — 2		
Long Jump — 1		
Long Jump — 2		
Shot Put — 1		
Shot Put — 2		
Discus — 1		
Discus — 2		
4 × 100m Relay — 1		
4 × 100m Relay — 2		
4 × 100m Relay — 3		
4 × 100m Relay — 4		

Please check that each athlete is in the correct year group and does not exceed two track and two field individual events.

05 School team worksheet — Year 8

School: _____ **Team manager:** _____

For school planning only.

EVENT / ENTRY	GIRLS	BOYS
100m — 1		
100m — 2		
200m — 1		
200m — 2		
800m — 1		
800m — 2		
1500m — 1		
1500m — 2		
High Jump — 1		
High Jump — 2		
Long Jump — 1		
Long Jump — 2		
Shot Put — 1		
Shot Put — 2		
Discus — 1		
Discus — 2		
4 × 100m Relay — 1		
4 × 100m Relay — 2		
4 × 100m Relay — 3		
4 × 100m Relay — 4		

Please check that each athlete is in the correct year group and does not exceed two track and two field individual events.

06 Track events and starting procedures



Track event reporting

- On being called, both athletes from a school should report to the indicated assembly area or lane and remain there until directed.
- Follow the instructions of the starter and track marshals. Athletes must remain in their assigned lane where required, as times are recorded against their allocated lanes.
- Race times and results will be recorded by the electronic Athletic.net system.

Race formats

EVENT	FORMAT
100m	Heats and finals — top-eight final to be confirmed
200m	Heats and finals — top-eight final to be confirmed
800m	Timed final
1500m	Timed final
4 × 100m relay	Heats and finals — top-eight final to be confirmed (note if time permits) Otherwise relays will be timed finals.

TRACK PROCEDURE CHECK: Upon completion of their races, runners will be asked to remain in their lanes. They will be advised when they may leave the track. Their results will be recorded and available to view on the Athletic.net Live system (click here).

Starting commands: 100m, 200m and relay

- “On your marks”: Athletes move into their starting position. Standing and crouch starts may be used where permitted.
- “Set”: Athletes adopt their final still starting position.
- Gun / approved signal: Athletes begin only after the starting signal.

Starting commands: 800m and 1500m

- “On your marks”: Athletes take their positions using a standing start.
- Gun / approved signal: The race begins once all athletes are still.

False starts

An athlete who begins before the approved starting signal commits a false start. One false start is permitted per race without disqualification; any further false start in that race results in the responsible athlete being disqualified.

FOOTWEAR: Footwear is optional for all track events; spikes may be worn.

07 Field events — High Jump



Reporting and recording

Athletes must report when called. Check in with the event marshal, who will be in a white vest. (If athletes fail to check in before the top eight are determined, this will be recorded as DNS.)

Starting heights

DIVISION	STARTING HEIGHT
Year 7 Girls	1.10m
Year 7 Boys	1.20m
Year 8 Girls	1.15m
Year 8 Boys	1.25m

HIGH JUMP – COMPETITION RULES

Competition Procedure

- **Starting Heights:** Competition will commence 5 cm below the qualifying standard for each division. The bar will initially increase in 5 cm increments until the event judge determines that 3 cm increments are appropriate.
- **Entering the Competition:** Athletes may enter the competition at any height and are not required to attempt the opening height.
- **Number of Attempts:** Athletes are permitted a maximum of two attempts at any individual height.
- **Elimination:** Two consecutive failed attempts, regardless of whether they occur at the same or different heights, will result in elimination from the competition.
- **Passing an Attempt:** An athlete who fails their first attempt at a height may choose to forgo their second attempt and continue at the next height. However, the consecutive-failure rule will still apply.
- **Take-off:** All athletes must take off from one foot.
- **Dislodged Bar:** The event judge will determine whether a fallen bar was caused by contact from the athlete or external conditions, such as wind. The judge's decision will apply once the athlete has left the landing area.

Ties and Countback

Where two or more athletes achieve the same final height, placings will be determined in the following order:

1. **Fewest Attempts at the Tied Height:** The athlete who cleared the tied height using the fewest attempts will receive the higher placing.
2. **Fewest Failed Attempts:** If a tie remains, the athlete with the fewest total failed attempts throughout the competition will receive the higher placing.
3. **Fewest Overall Attempts:** If athletes remain tied, the athlete who has made the fewest total attempts throughout the competition will receive the higher placing.
4. **Jump-off:** If a tie cannot be resolved through the above countback procedures, a jump-off will be conducted to determine the final placing.

07 Field events — Long Jump



Competition format

- All competitors receive two initial jumps, one per round.
- The eight athletes with the longest valid jumps qualify for the final and receive two additional jumps (up to four attempts in total).
- The longest valid jump across all attempts determines the placing. If tied, compare second-best valid marks and then subsequent valid marks.
- Athletes remaining tied for eighth place after countback all qualify for the final.
- The final eight jump in reverse ranking order, with the leading qualifier last.

Measuring

- Measure from the nearest break in the sand made by any part of the athlete's body to the take-off line or its extension.
- Measure at right angles to the take-off line. Record distances to the next lower whole centimetre.
- Level the sand after each completed jump.

General rules

- Athletes must take off from one foot.
- A jump is a foul if the take-off foot breaks the vertical plane of the take-off line before leaving the ground.
- Taking off before the board is permitted, but measurement is still made from the take-off line.
- A foul counts as an attempt and is recorded as "X". Somersaults are not permitted.
- Athletes must leave the pit from the side or far end without walking back towards the board through the sand.

Safety and results

- Only one competitor may use the runway and landing pit at a time.
- Wait for the official's permission before starting an approach.
- Keep the runway clear; officials must check and level the pit. Practice jumps require authorisation and supervision.
- All measured valid jumps must be recorded; the event official must confirm final results before submission.

08 Field events — Shot Put and Discus

Competition format

- All competitors receive two initial throws, one per round.
- The top eight after the first two rounds receive two further throws (a maximum of four).
- The best valid mark determines placings. Ties are resolved by comparing second-best and subsequent valid throws.
- Athletes tied for eighth after countback qualify for the final. The finalists throw in reverse ranking order.

Measurement and fouls

- Measure from the nearest implement landing mark to the inside edge of the throwing circle, with the tape running through the centre.
- Record distances to the next lower whole centimetre.
- Record a foul as “X”; it counts as an attempt.
- Athletes start stationary within the circle, must not touch the top of the rim or ground outside it, and must exit from the rear half after the implement lands.
- The implement must land inside the sector. In shot put, competitors must not touch the top of the stop board.



Shot put technique

- Use one hand. The shot must begin against or close to the neck/jaw and must not be taken behind the shoulder line.
- The movement must be a put or push from the shoulder, not an overarm throw.



Discus technique

- The discus is thrown with one hand. A comfortable finger-spread grip is recommended.
- Standing and rotational throws are permitted if safe and controlled. A standing throw is sufficient.
- Officials may restrict rotational technique where control or safety is inadequate.

Safety, officials and recording

- Only one competitor may throw at a time. Wait in the designated area until called.
- Do not retrieve implements until cleared by the official. Carry them back; never throw or roll them towards waiting athletes.
- Practice throws must be authorised and supervised and will only be allowed if time permits. Discus will be conducted within an approved and inspected throwing cage.
- Unsafe conduct may result in withdrawal. The official confirms every valid measurement, result and implement weight.
- Valid measurements will be recorded on the tablet provided, the results will also be available to view via the live Athletic.net link this will be added to the website once the meet is finalised.

09 Administration and contacts

Cancellation and event communication

Any cancellation or urgent event communication will be published through the WFPSA website: www.wfpsa.nz. No postponement date is scheduled.

Return of trophies

Schools holding a top-school or individual trophy should return it as soon as possible to Amy Perez, 15 Braggs Ave, Taumarunui 3920. Trophies may be couriered or delivered.

Event contacts

Amy Perez | admin@taumarunui-yct.com | 027 6353991

Athletic Net contact

Mark Harris | mark@maharris.co.nz