

ŌTOROHANGA COLLEGE

WEEKLY HIGHLIGHTS

Semester Two, Week Four – Monday 7th August – Friday 11th August 2023

KING COUNTRY VOLLEYBALL

On Wednesday students attended the annual King Country Secondary Schools Volleyball Championships held at the Te Awamutu Events Centre. This year's event had 16 teams across the junior and senior grades representing seven different schools with the addition of an invitational team from HBHS. The competition was fierce and we witnessed the incredible talent battling on the court for a spot at the top.

The day was a success for all and victory or not everyone enjoyed their day. Although we did not gain a top spot, we displayed good skills and talent. It was pleasing to see our students connecting with students from other schools. The sportsmanship shown on the day as well as the thanking of opposition and referees was lovely to see.



SNOW TRIP

21 students set off early to Whakapapa Skifield on Thursday morning. With fresh snow all around the region there was some beautiful scenery to take in.

Unfortunately, we were unable to get up the mountain road to ski or snowboard this time, however, we were still able to spend a fun time together enjoying the fresh snow.

We look forward to getting to the skifield later in the term.

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HEALTH AND PHYSICAL EDUCATION

It has been all guns blazing this term in the Health and Physical Education Faculty. Despite some chilly lessons in the Gym, we have managed to stay warm with an exciting variety of activities during our lessons. A definite highlight has been the introduction of Xtreme Hip Hop classes in the Junior Train 2 Gain Module. The students in this class have found immense enjoyment and challenge in not only learning the skills required to master this workout, but also in improving their fitness levels to keep up. Our expert, Ebony Te Kanawa, has been leading these lessons superbly, and we extend our gratitude to her for sharing her passion with our students. Also, in the juniors, our PE classes have been honing their netball skills. With the World Cup currently underway, our juniors have had the opportunity to reflect on the tournament while working on enhancing their own appreciation for the game. We even got to see our students take on the Staff All-Stars at the magnificent netball fundraiser.

In Senior Health, our students are laying the foundation for success in the upcoming Derived Grade Exams later this term. Currently, the focus has been on both content and P.E.E.L. (Point, Evidence, Explain, and Link) paragraph writing, ensuring that students are equipped with the skills to effectively address questions with the required detail. Moving forward, our goal is to develop our own critical opinions on health topics and issues.

Excitingly, our top-of-the-line cardio equipment has recently arrived, bringing us one step closer to unveiling a new Cardio Room that will be available for PE classes, Train 2 Gain and the Athlete Development Programme. This resource-rich space includes assault bikes, treadmills, SKI ergs, rowers and spin bikes. It will complement our existing strength and conditioning weights room, providing another fantastic teaching area where students can focus on enhancing their physical wellbeing.



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